

I Dr. Nilupa Prasadini Karunathilake, a second year histopathology trainee from Sri Lanka, in the early stage of my career. I would like to start by saying that I am extremely grateful for giving me the bursary and the opportunity to participate in the Leeds pathology 2019, the 12th Joint Meeting of the British Division of the International Academy of Pathology and the Pathological Society of Great Britain & Ireland, held in Harrogate UK from 2nd to 4th July by far the best International histopathology conference.



The conference was well organized and equipped with symposia on various topics comprising pulmonary pathology, gynaecological pathology, molecular pathology, hepatobiliary pathology and dermatopathology which improved the knowledge on fundamentals of histopathology and updated me on new WHO classifications. Furthermore there were public lectures on latest topics conducted by superb speakers, poster presentations and oral presentations by trainees. Not only that but also experienced expertise from all over the world presented their research work providing us exemplary role models in the field of research, awakening our curiosity and interest in research and also encouraged us to think in a novel way. There were invaluable EQA sessions conducted by experienced postgraduate examiners giving a guidance to upcoming examinations of trainees.

At last but not least there were trainee workshops on renal, soft tissue and bone and head and neck by professors and excellent lecturers who provided an interactive, resourceful and case based learning sessions on difficult topics.



The social events held in beautiful events gave me the opportunity to meet friends and enjoy as well as experience the British culture. Moreover I was able to relish the English beauty and nature of Harrogate during the leisure time.



I deeply appreciate and thank the organizing committee for giving the opportunity to trainees like me to experience and take part in such valuable events at the very beginning of the career as an inspiration and betterment of budding Pathologists.

