

Adapting to technological change in haematopathology Fine-needle aspiration and haematopathology

Dr Mufaddal T. Moonim Guy's & St. Thomas' Hospitals, London

### Issues

- Haematopathologists in the UK are generally tissue biased.
- The 'Google effect'
- Rapid *mimimally invasive diagnosis* in 'lumps & bumps' clinics.
- Imaging (US/CT, esp PET) are now picking up incidental / post therapy visceral lesions.
- PET not entirely specific, often picks up macrophage response avidly in post therapy lesions (Deauville score: >3) – requiring sampling to determine if residual disease is present.
- Morbidity / mortality associated with surgical access usually precludes utility of this modality.
- Often lesions are at sites where interventional radiologists would not dare to go.
- Therapy controls disease better, so more relapses encountered in routine clinical practise – do we have to biopsy all of them?

# Cytologic material & haematolymphoid malignancy diagnosis

#### Clinical

- Can one use cytologic material to make a diagnosis of lymphoma / leukemia (akin to using a blood sample)?
- Is this diagnosis reliable?
- Are we able to get enough material out to do the same workup that we would be able to do on biopsy material?
- Is the extent of sampling adequate?

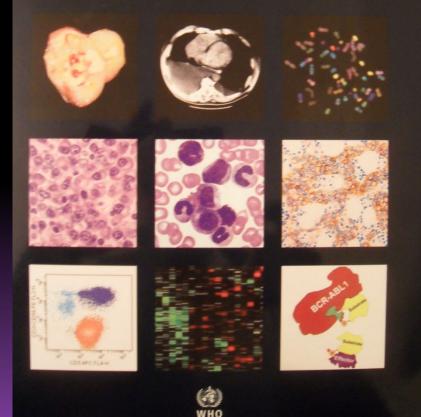
#### Laboratory

- Is it possible to perform ancillary testing on such samples immunohistochemistry, flow cytometry, FISH, B & T-cell clonality studies?
- Can one convert cytologic material to histologic material?

# Can one use cytologic material to make a diagnosis of lymphoma / leukemia (akin to using a blood sample)?

#### WHO Classification of Tumours of laematopoietic and Lymphoid Tissues

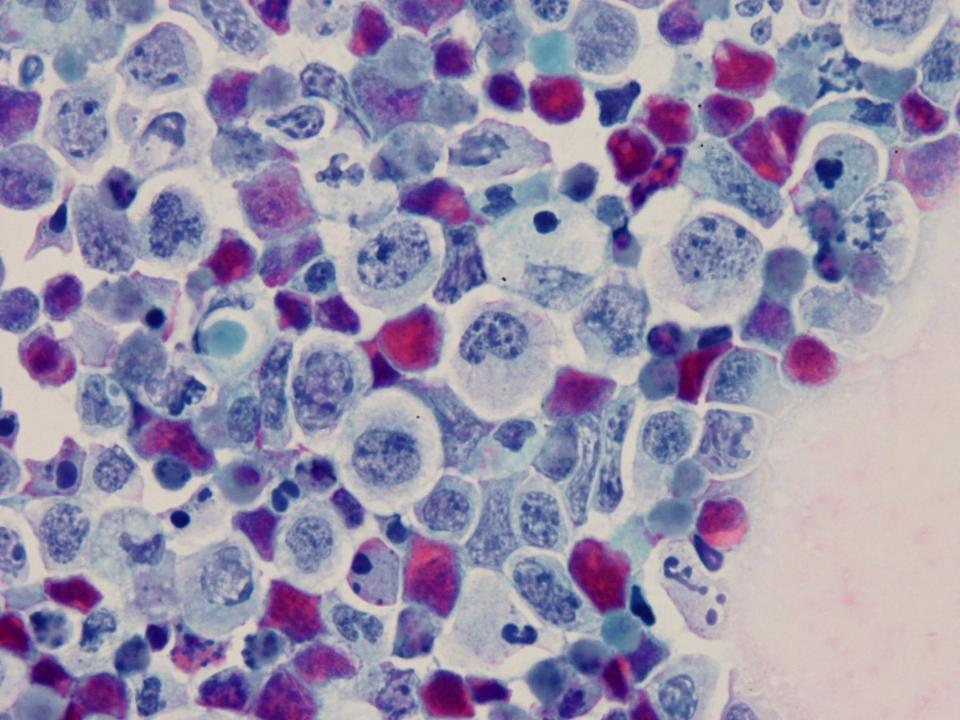
Edited by Steven H. Swerdlow, Elias Campo, Nancy Lee Harris, Elaine S. Jaffe, Stefano A. Pileri, Harald Stein, Jürgen Thiele, James W. Vardiman

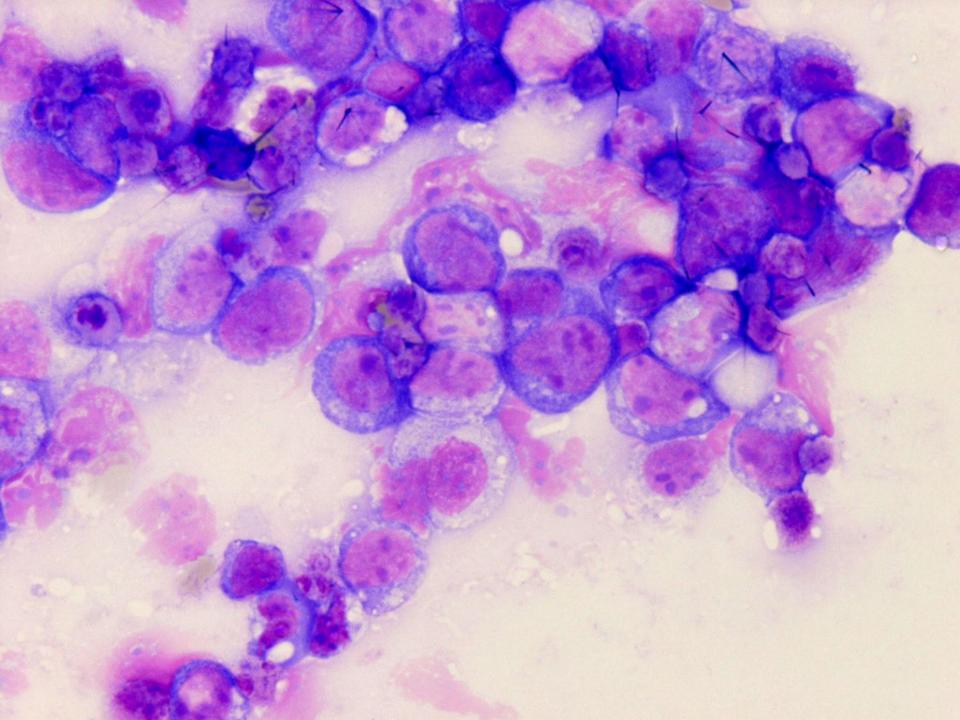


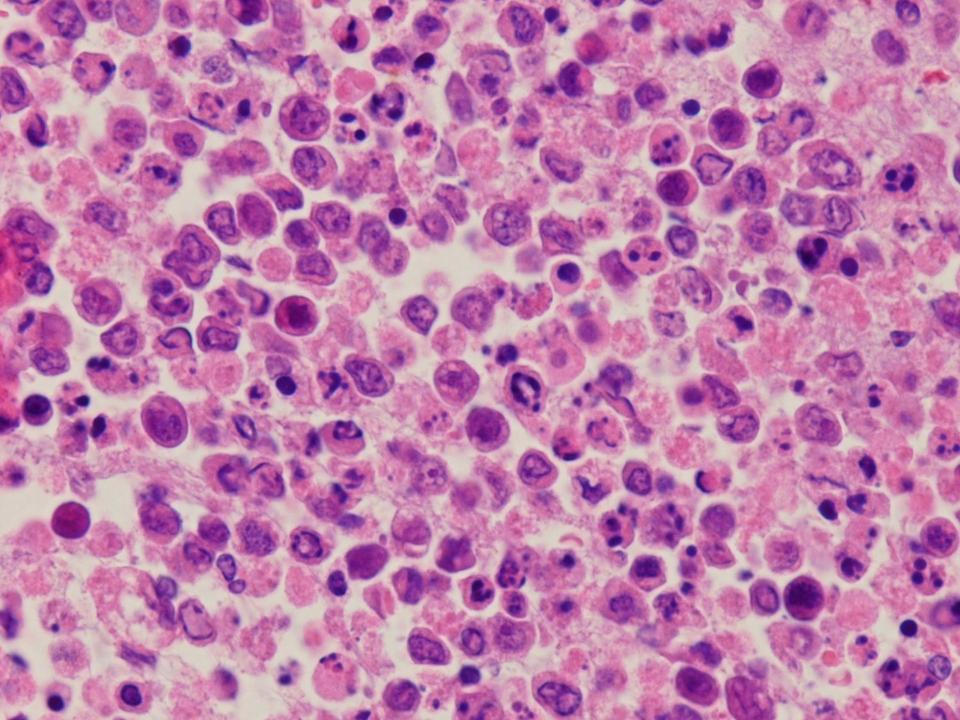
#### WHO 2008 – diagnosis based on:

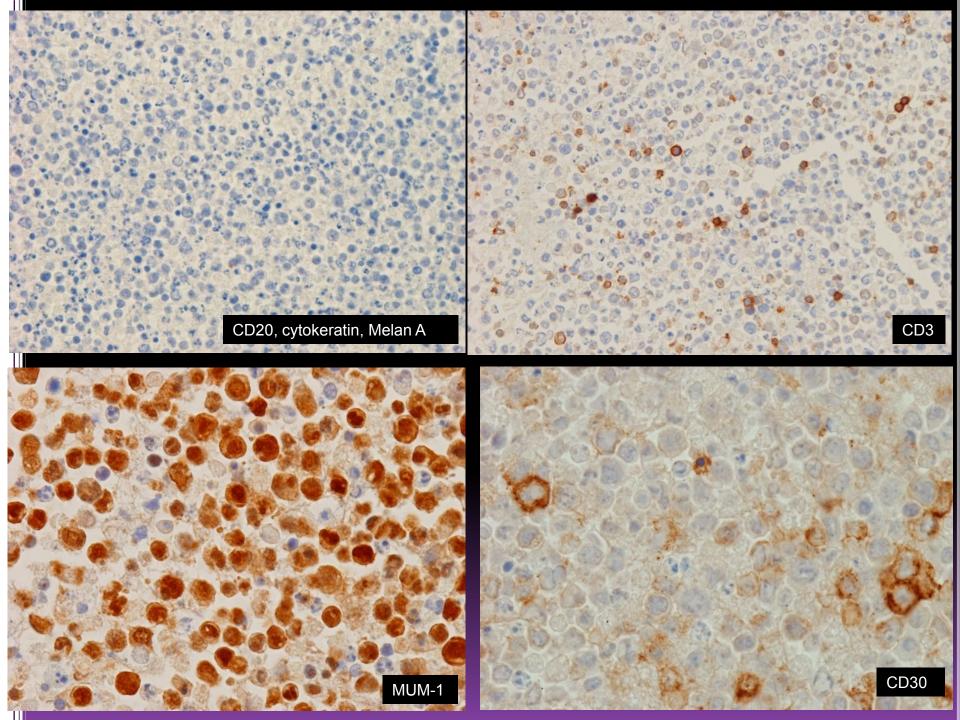
- Cytologic
- Immunophenotypic
- Genetic
- Molecular data

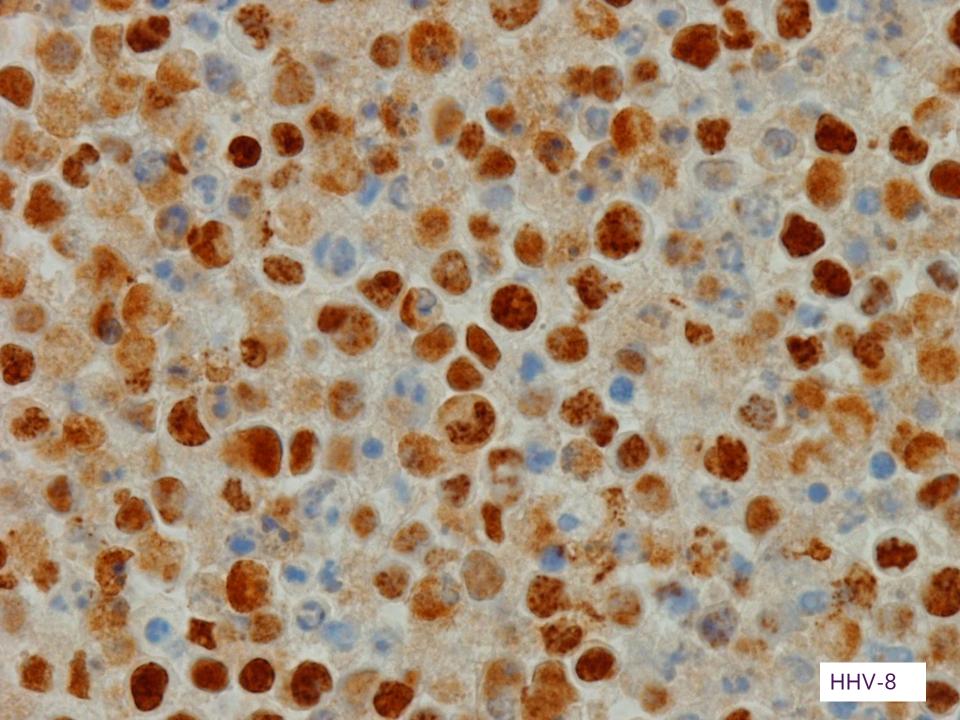
45/F, HIV(+) pleural effusion











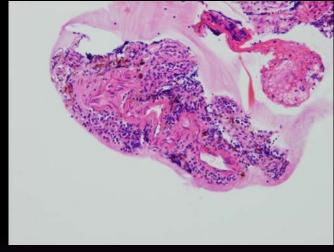
Diagnosis:

## **Primary Effusion lymphoma**

# Cell block technology

- Conversion of cytology specimens
   → histologic specimen
- Most cytology specimens if appropriately collected.
- Needle washings / additional passes
- Normal saline (2 ml)
- Centrifuged
- Supernatant discarded
- Sediment mixed with plasma
- Thrombin added
- Clot prepared
- Clot transferred to casettes
- Fixed & routine processing

#### Allows evaluation of architecture



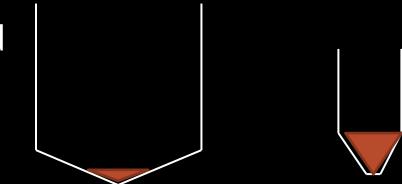
#### Allows

- Special stains
- Immunohistochemistry
- FISH
- Molecular (PCR / NGS)

## Cell blocks - technical issues

### Type of container used

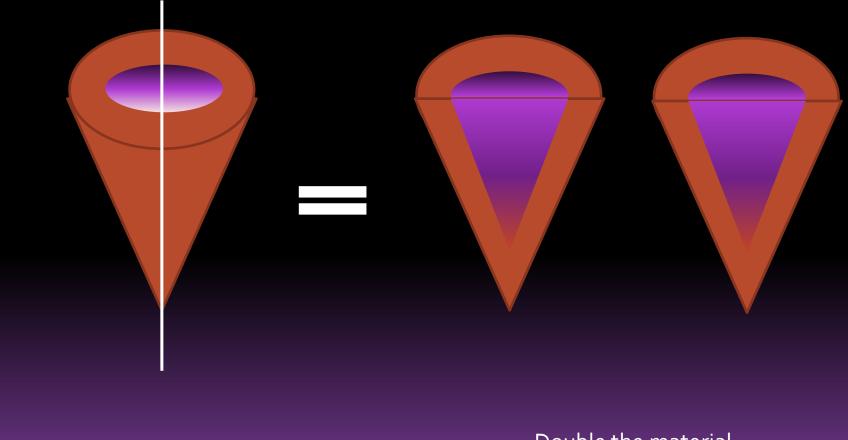






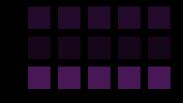


### **Cell blocks** – technical issues



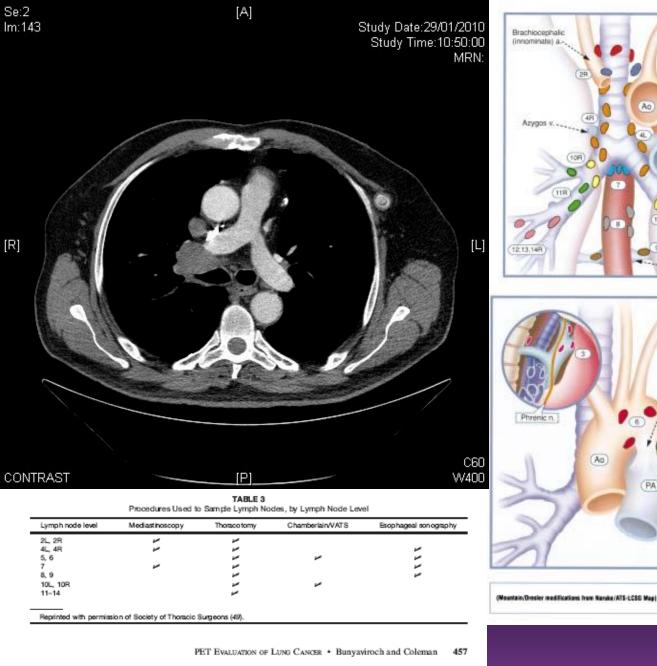
Double the material

#### EBUS: Endoscopic Bronchial UltraSound EUS: Endoscopic ultrasound



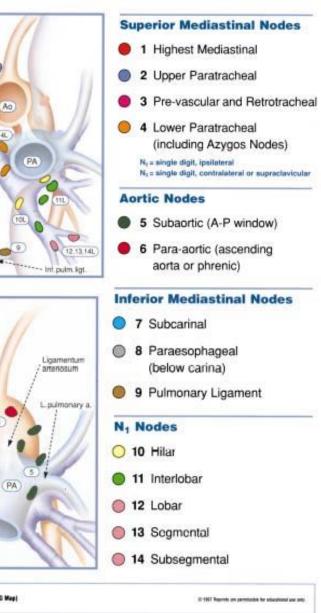
#### Visceral lymph node / mass sampling

The EBUS story



4F

Au



#### Where radiologists do not tread....

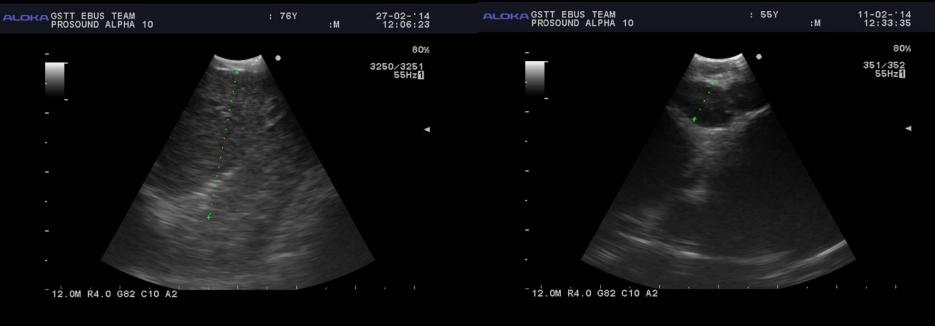


### Endoscopic ultrasound setup



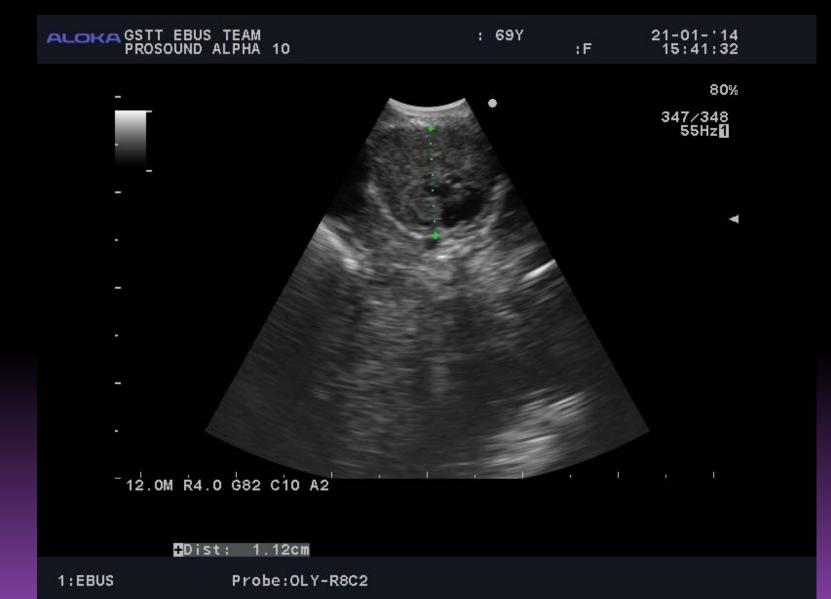


# What can be targetted



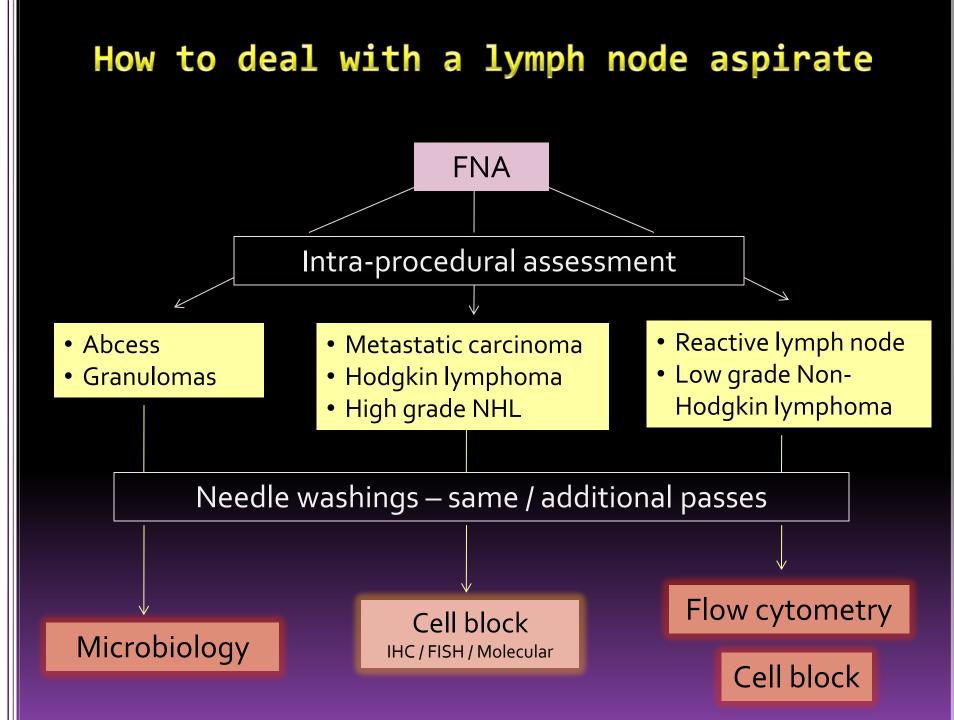
HDist: 2.51cm		<b>±</b> D i	st: 0.68cm
1:EBUS	Probe:OLY-R8C2	1 : EBUS	Probe:OLY-R8C2

### Where to sample



# Is sampling adequate?





# Cytologic material & haematolymphoid malignancy diagnosis

#### Clinical

- Can one use cytologic material to make a diagnosis of lymphoma / leukemia (akin to using a blood sample)?
- Is this diagnosis reliable?
- Are we able to get enough material out to do the same workup that we would be able to do on biopsy material?

Is the extent of sampling adequate?

#### Laboratory

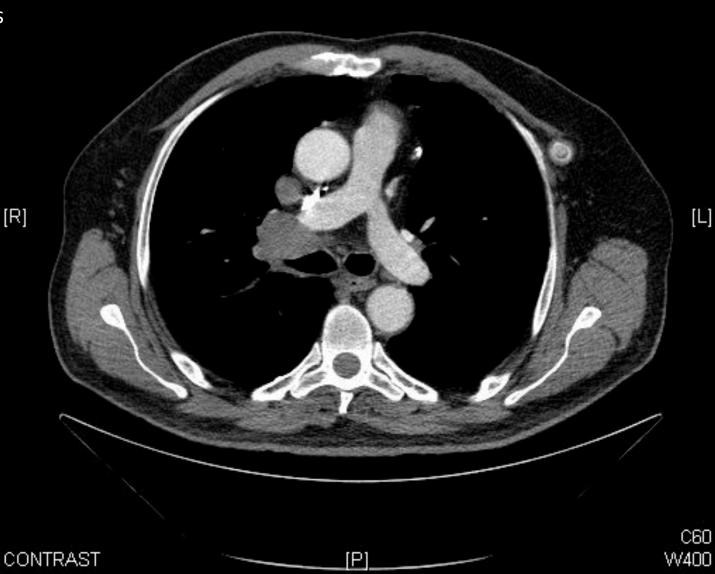
 Is it possible to perform ancillary testing on such samples – immunohistochemistry, flow cytometry, FISH, B & T-cell clonality studies?

Can one convert cytologic material to histologic material?

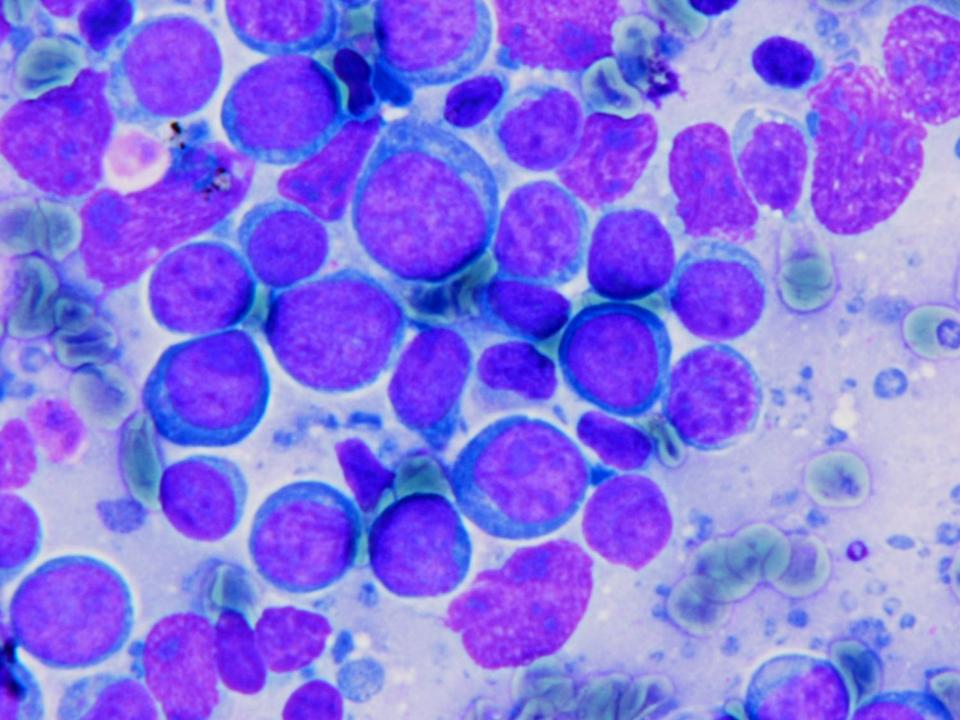
🔳 74 F

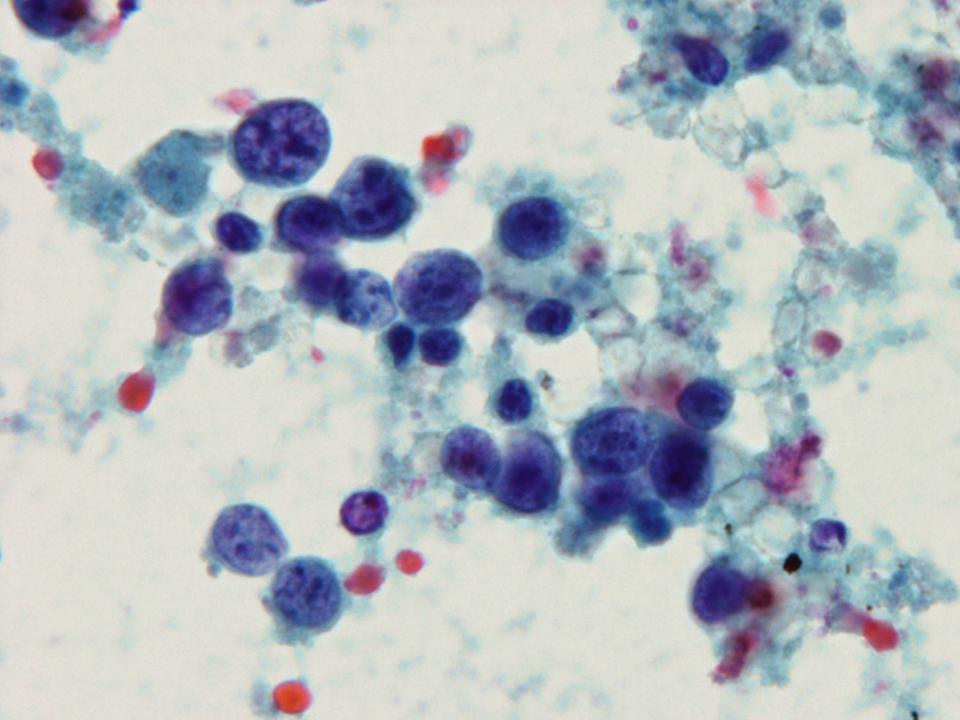
- Se:2 Im:143
- Bilateral 3rd nerve palsy, deviated tongue and uvula to left
- Soft tissue mass in the anterior and superior mediastinum anterolateral to the trachea on the right measuring 4.9 x 3.8cm.
- Right pleural effusion
- LDH: 2161 IU/L

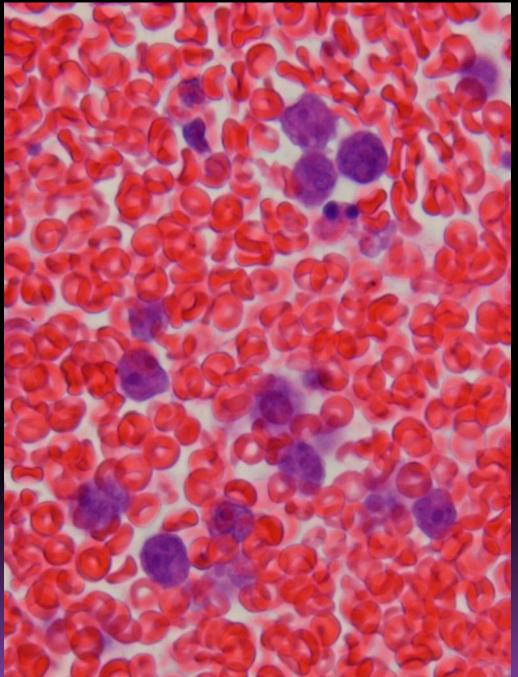


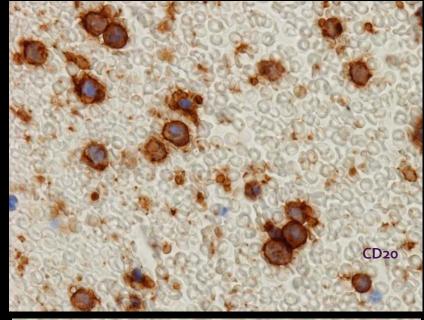


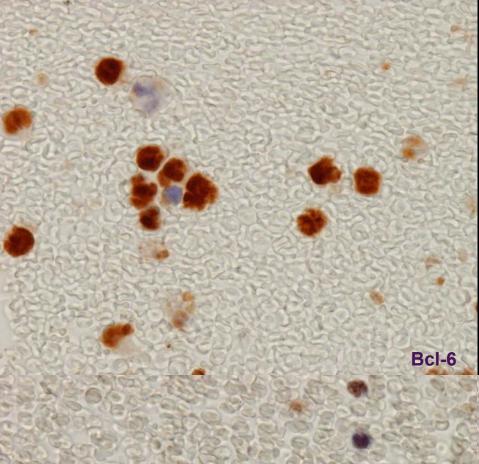
[A]











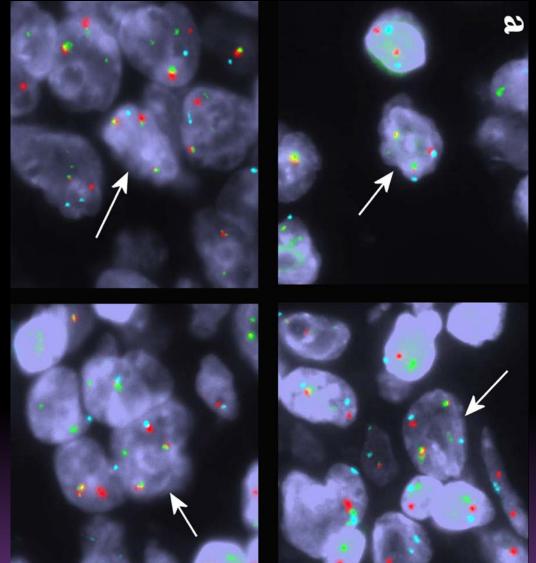
Antibody		Antibody	
CD20	+	CD3	-
CD79a	+	CD10	-
Bcl-6	+	CD5	-
MUM-1	+	CD30	-
Bcl-2	+	EBER	-
p53	+	MIB-1	90%

FISH

### MYC (+)

IGH/BCL-2 negative

BCL6 not rearranged

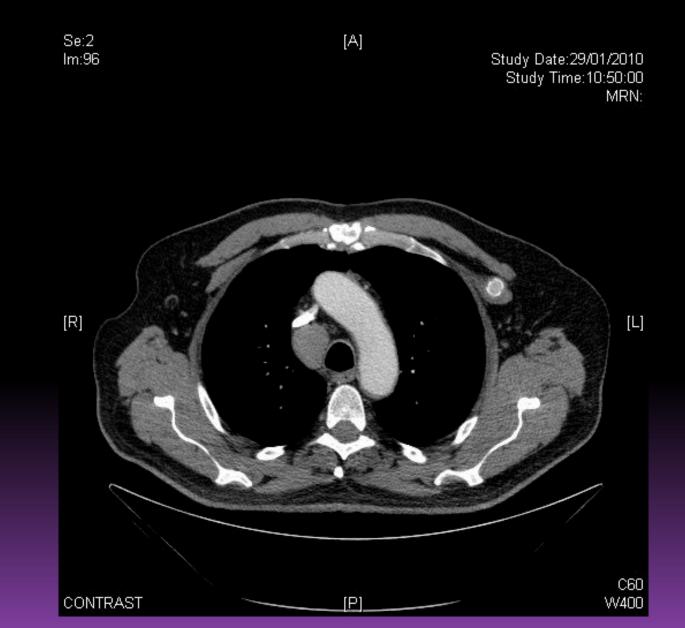


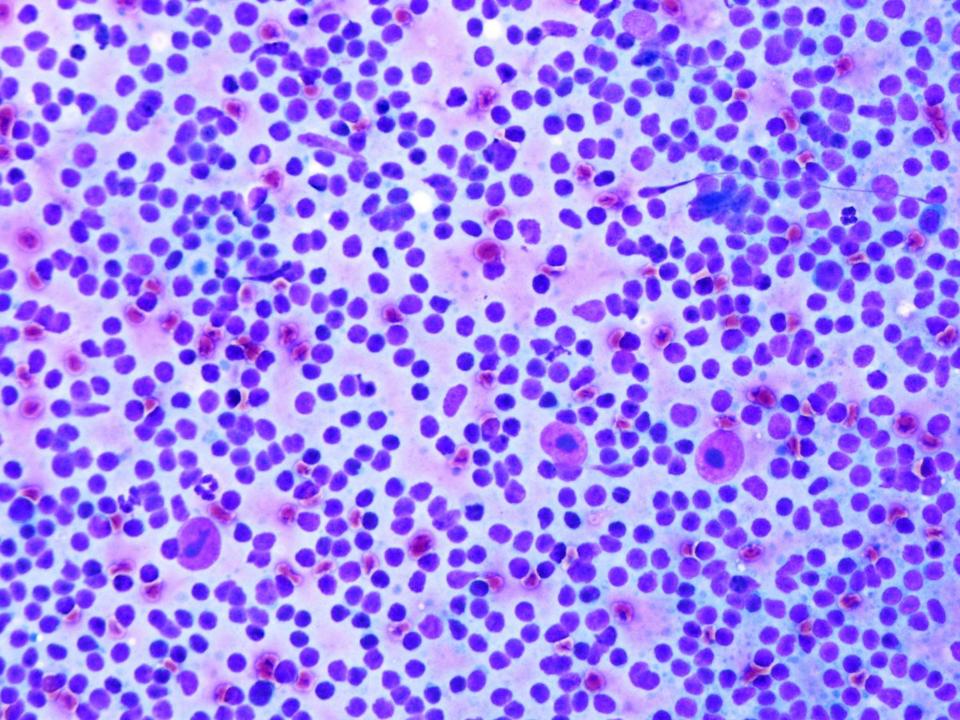
### diagnosis

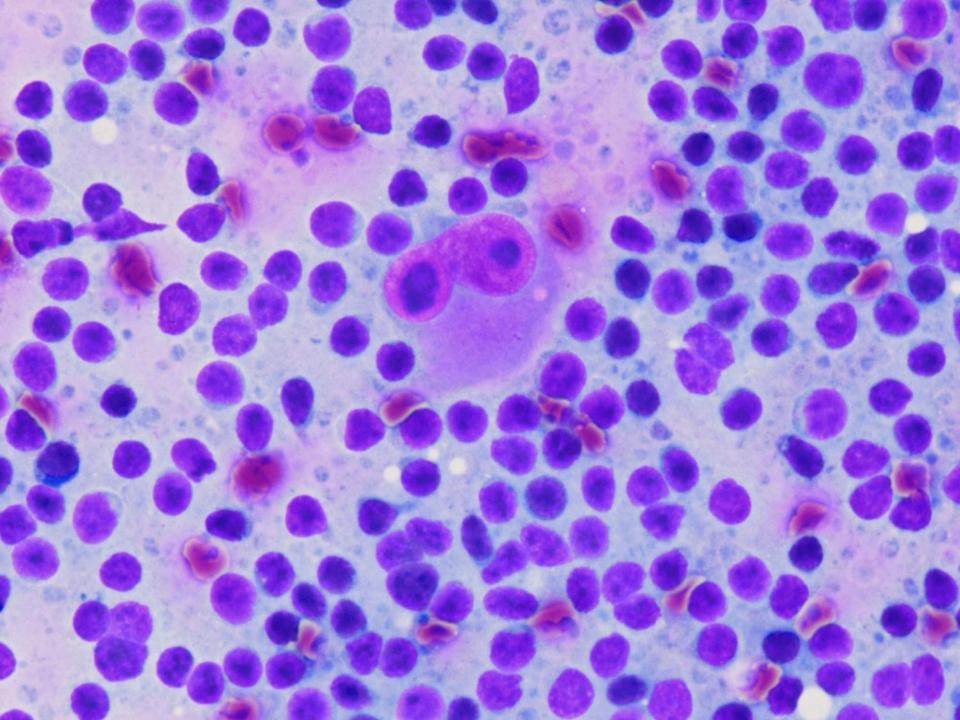
Non-Hodgkin lymphoma Diffuse large B-cell lymphoma Activated B-cell type MYC(+)

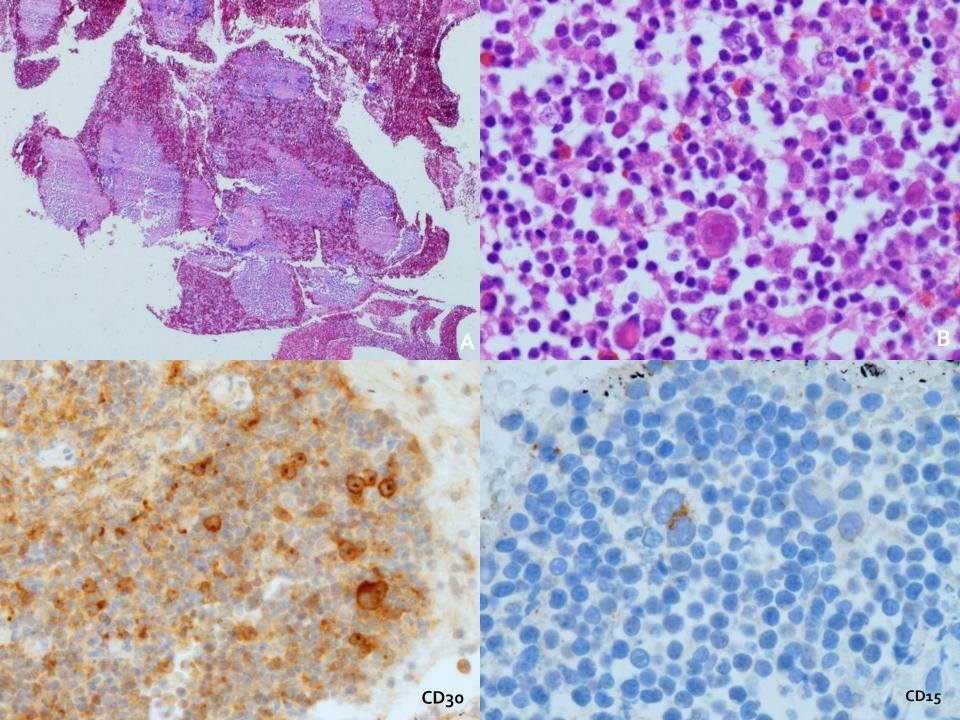
There was still tissue left in the block if one wished to send for the REMODEL trial

 $\stackrel{\scriptstyle oldow}{\scriptstyle o}$ , Fever, itching. Mediastinal mass. Subsequently, post diagnosis developed cervical masses.





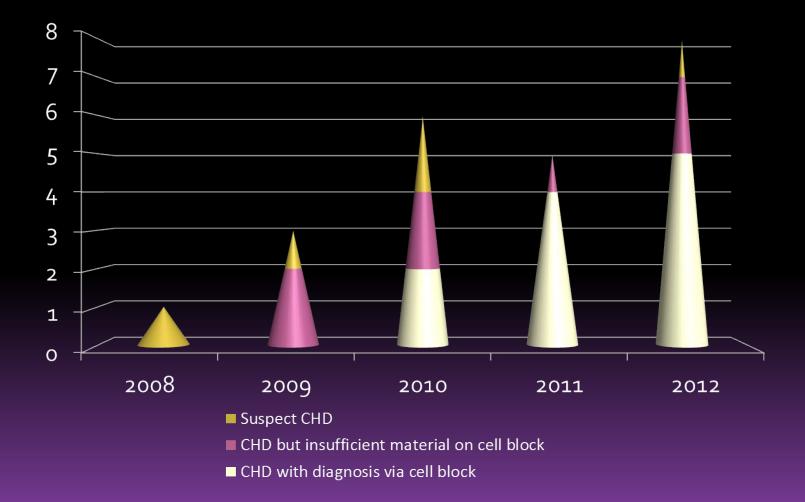




# CHD diagnosed on cell blocks (11/21)

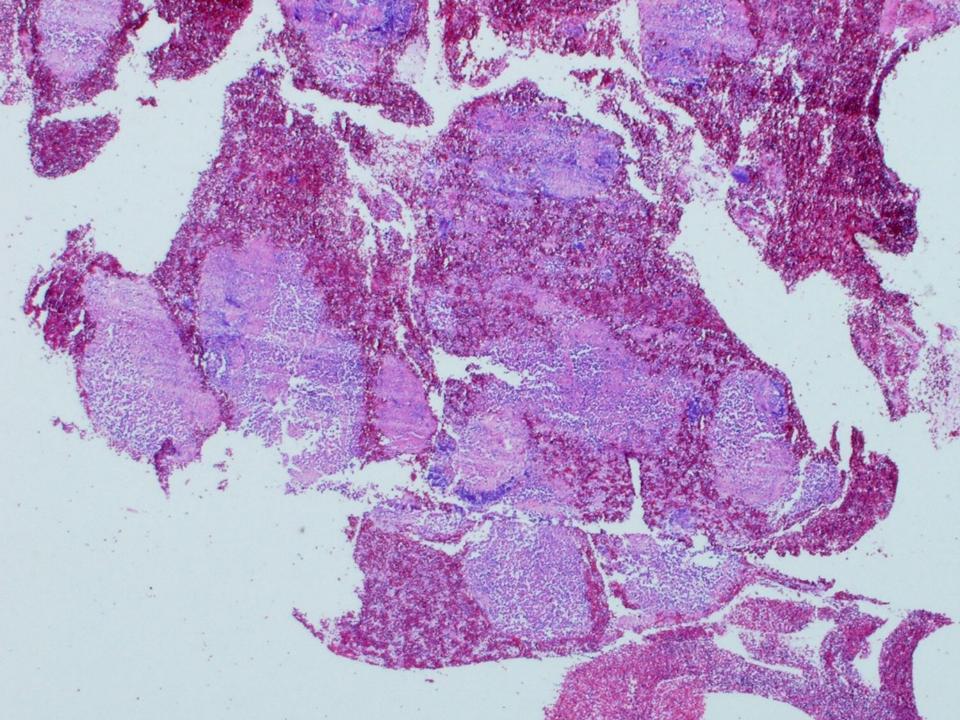
Age / Sex	EBUS site	Cell block	LCA	CD30	CD15	MUM-1	EBER	CD20	CD3
65 / F	4R, 7, 10R	Yes	-	+	+	+	+	-	-
38 / F	4R	Yes	-	+	+	+	+	-	-
39 / F	4R, 7	Yes	-	+	-	+	-	-	-
50 / M	4R	Yes	-	+	+	-	-	-	-
24 / F	4R	Yes	-	+	-	+	+	-	-
77 / M	4R, 7	Yes	-	+	+	+	+	-	-
41 / M	4I, 10	Yes	-	+	-	+	+	-	-
32 / F	4R, 4L	Yes	-	+	+	-	-	-	-
45 / F	2R, 4R	Yes	-	+	-	+	-	-	-
24 / F	4R	Yes	-	+	-	+	-	-	-
51 / F	4R+2R, 4L	Yes	-	+	+	+	+	-	-

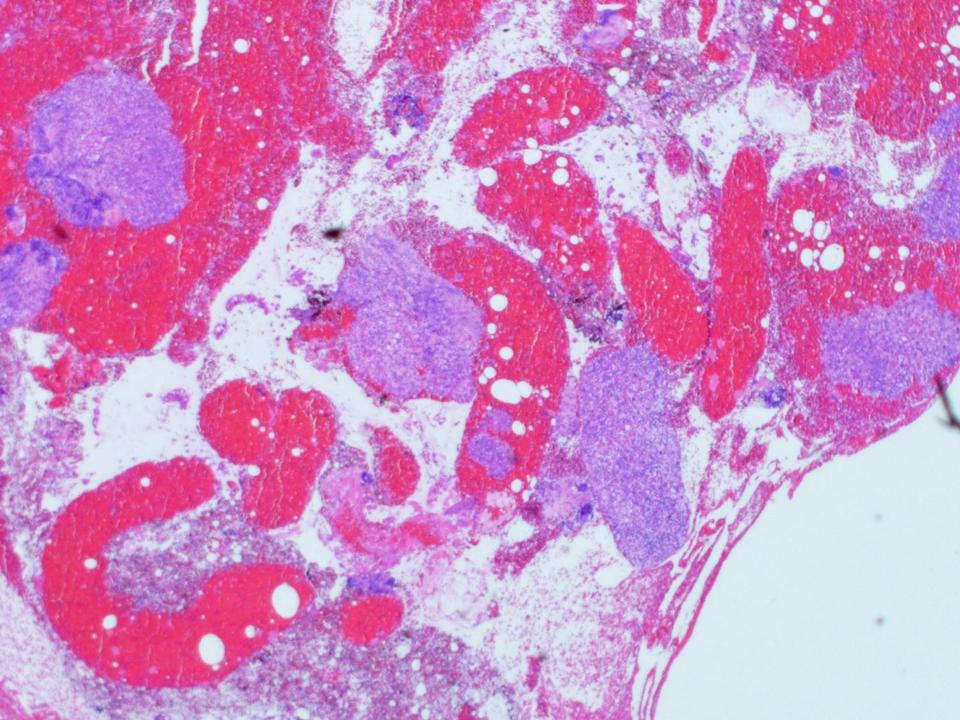
# Confidence of CHD diagnosis with development of service

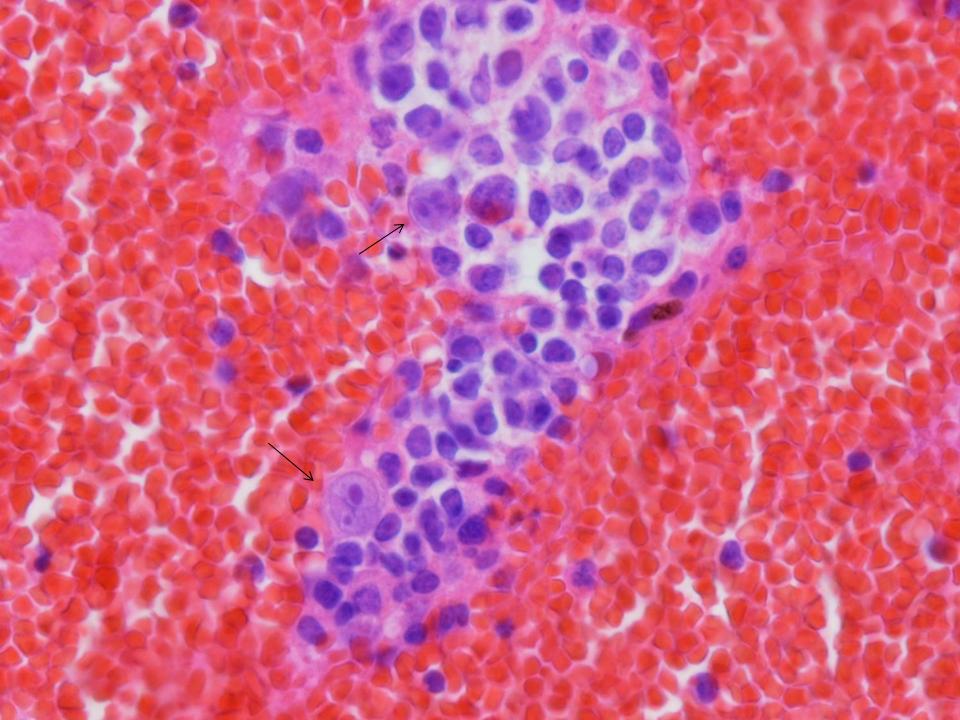


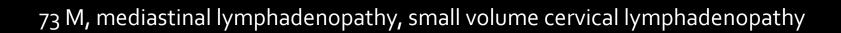
## How are we able to get enough out?





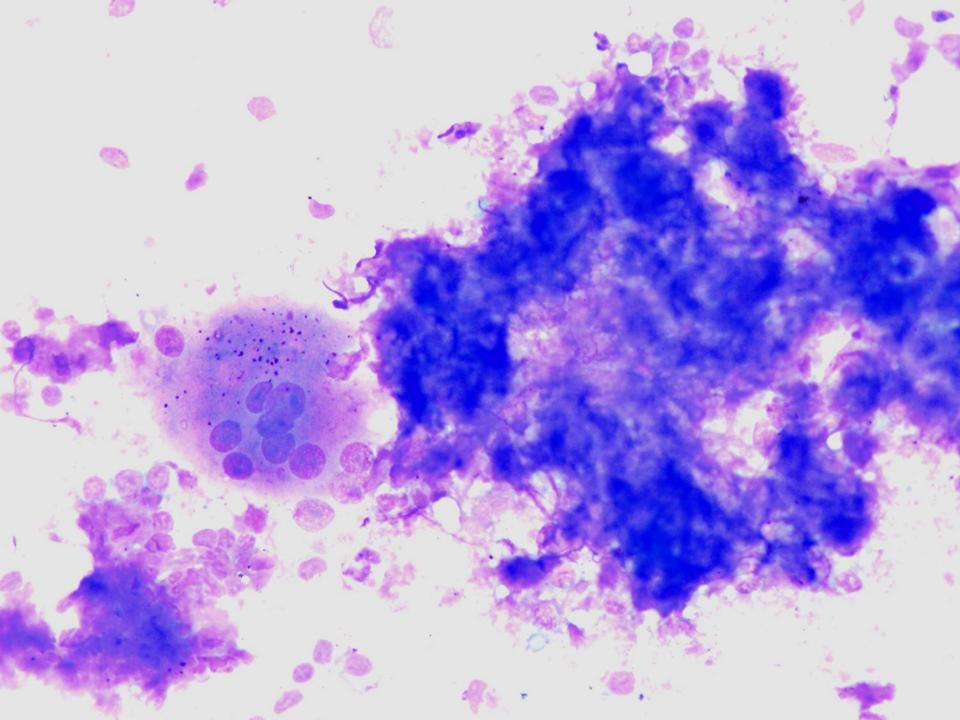


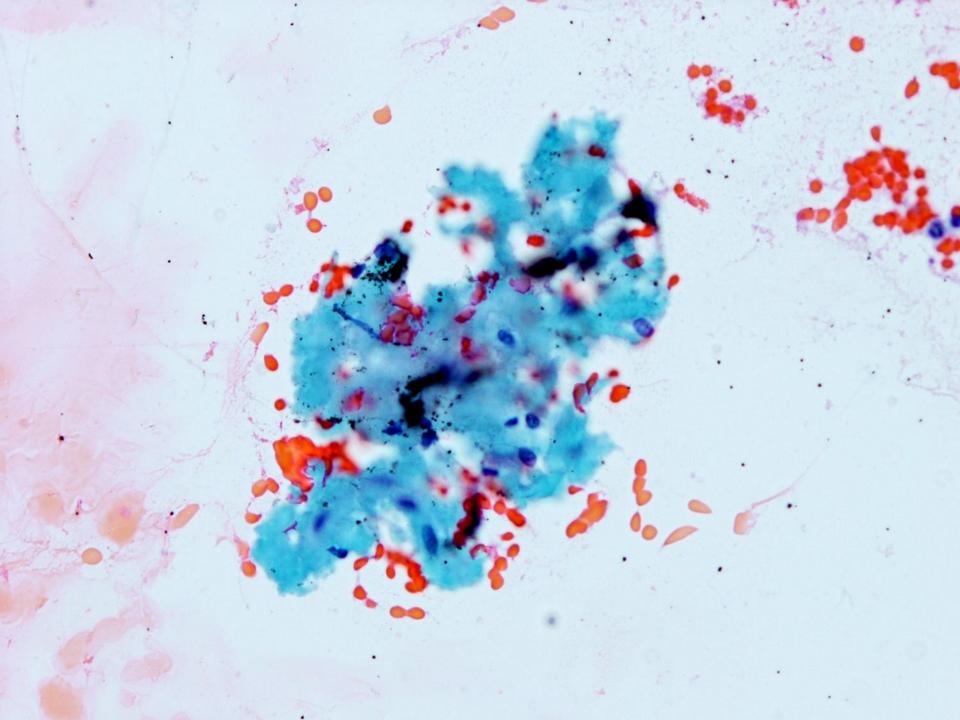


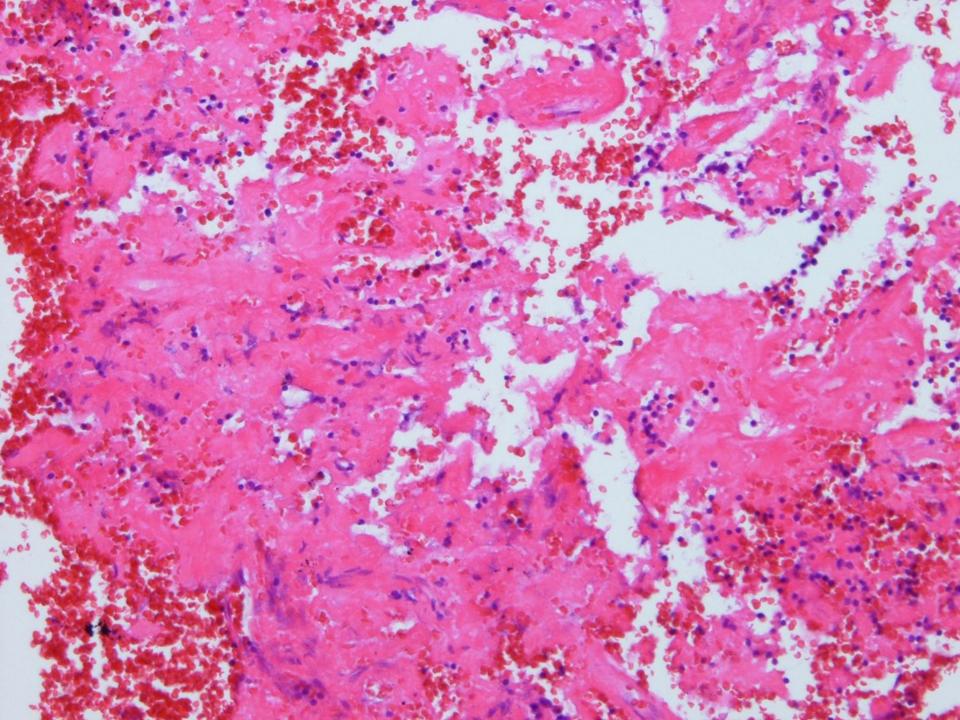


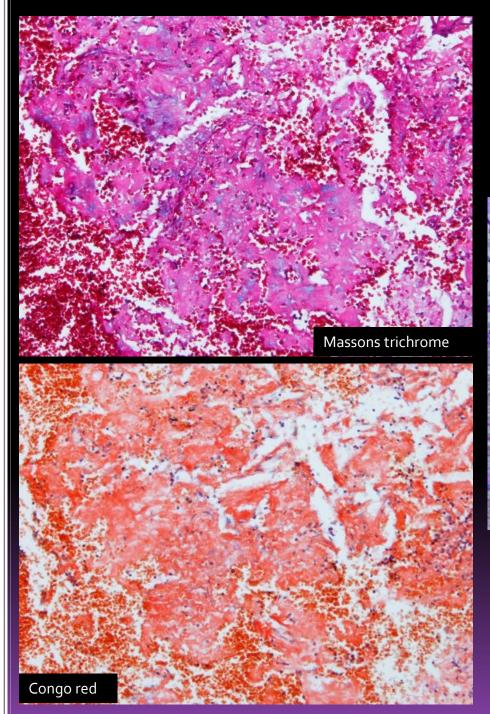
[R]

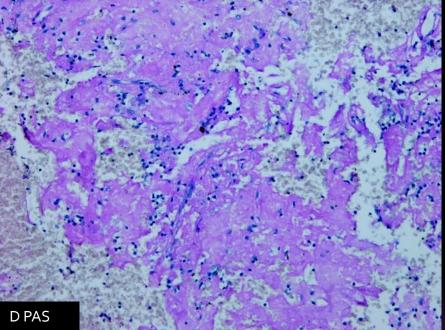
[L]

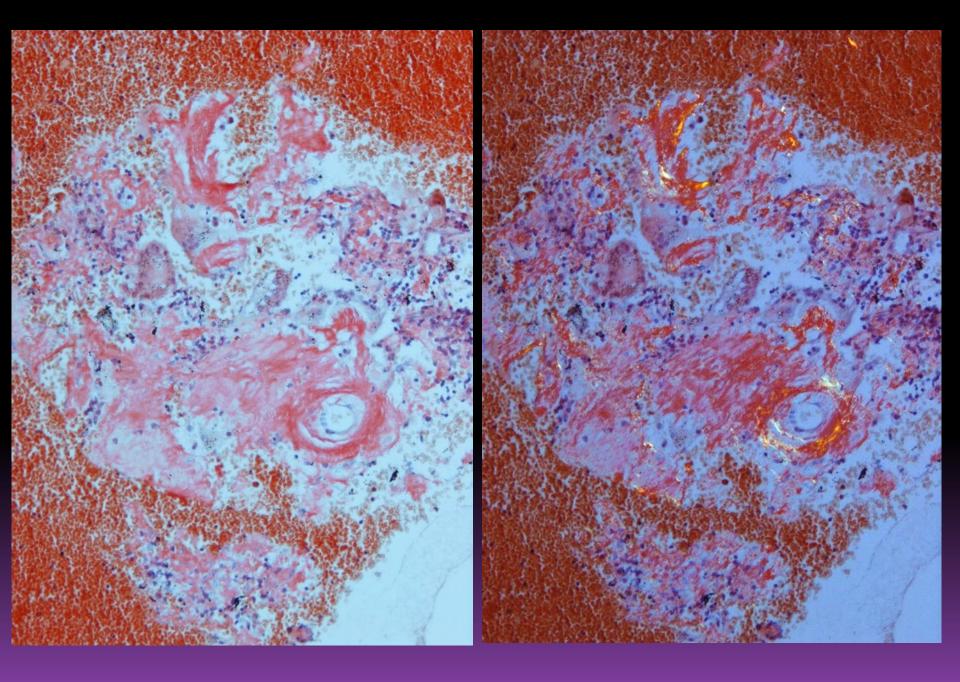












Negative IHC for Amyloid AA, transthyretin, kappa & lambda

### Lymph node amyloidosis (amyloid of non-AA type)

# Is this diagnosis reliable? How accurate is lymphoma diagnosis on EBUS?

	Year	Nos	Sensitivity	Specificity	PPV	NPV
Moonim et al	2013	93	89	97	98	85
Marshall	2011	33	72	95		
Steinfort	2010	55	57	100		
Kennedy	2008	25	90.9	100		

Moonim MT et al. Diagnosis and subtyping of de novo and relapsed mediastinal lymphomas by endobronchial ultrasound needle aspiration. Am J Respir Crit Care Med 2013; 188: 216-223

Navani N, Janes S. Endobronchial ultrasound guides transbronchial needle aspiration for lymphoma: The final frontier. Am J Respir Crit Care Med 2013; 188: 1183-85

			Final diagnosi		
		High-grade NHL	Low-grade NHL	Hodgkin lymphoma	Non-lymphoma diagnosis
	High-grade B/T NHL (n=9)	9	Ο	0	Ο
	Probable high-grade NHL (n=1)	Ο	0	Ο	1
s (n = 93)	Low-grade B-NHL (n=26)	Ο	26	0	О
A diagnosi	Hodgkin lymphoma (n=17)	0	0	17	Ο
EBUS-TBNA diagnosis (n = 93)	Probable Hodgkin lymphoma (n=6)	1	0	5	0
	Non- lymphoma diagnosis (n=32)	0	0	0	32
	Inadequate (n=2)	1	0	0	1

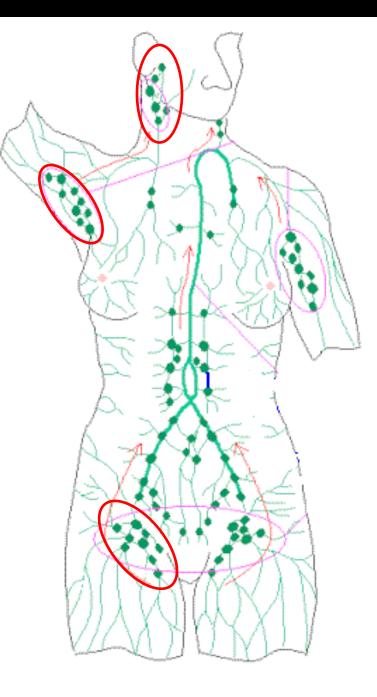
#### Comparison between EBUS-TBNA and final diagnoses

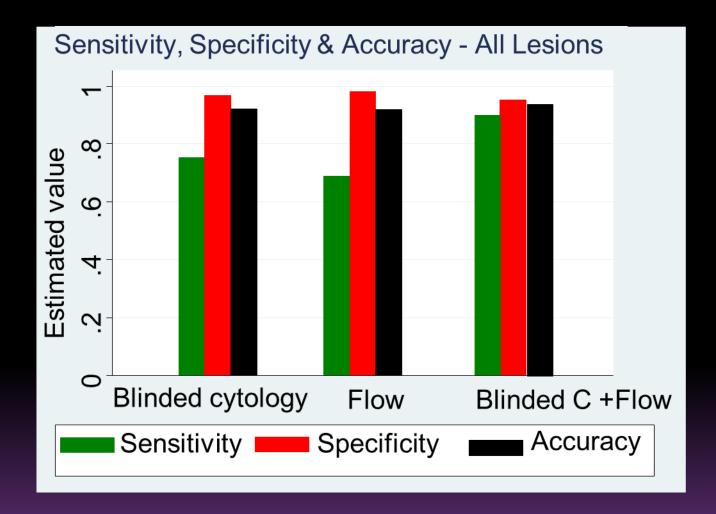
			Final diagnosi		
		High-grade NHL	Low-grade NHL	Hodgkin lymphoma	Non-lymphoma diagnosis
	High-grade B/T NHL (n=9)	9	Ο	0	Ο
	Probable high-grade NHL (n=1)	Ο	Ο	Ο	1
s (n = 93)	Low-grade B-NHL (n=26)	0	26	0	Ο
A diagnosi	Hodgkin lymphoma (n=17)	0	0	17	Ο
EBUS-TBNA diagnosis (n = 93)	Probable Hodgkin lymphoma (n=6)	1	0	5	0
	Non- lymphoma diagnosis (n=32)	0	0	0	32
	Inadequate (n=2)		0	0	1

#### Comparison between EBUS-TBNA and final diagnoses

### Superficial lymph node / mass sampling

Do we need to biopsy every lump?





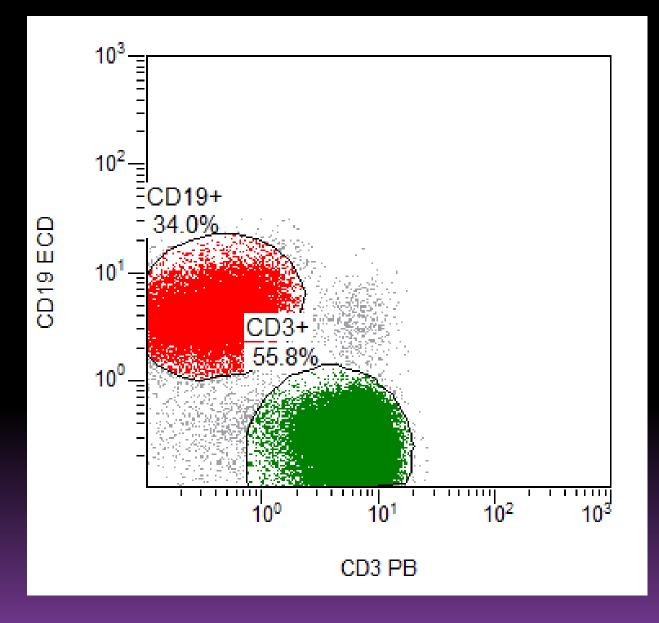
# Flow cytometry of 'normal / reactive' lymph nodes

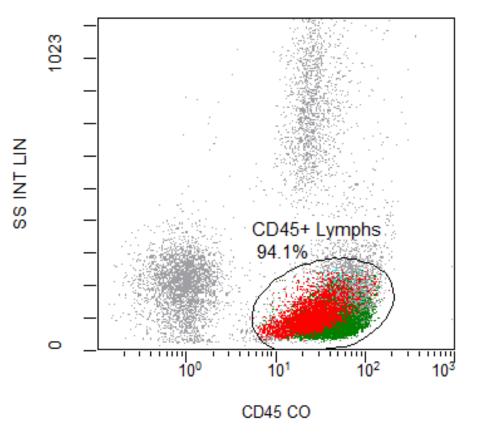
- Aspirates collected in normal saline.
- Add fetal calf serum for cell preservation
- Commercial flow cytometry transport media now available
- 4 colour vs 8 colour vs 10 colour

## **GSTT – FCM FNA panel**

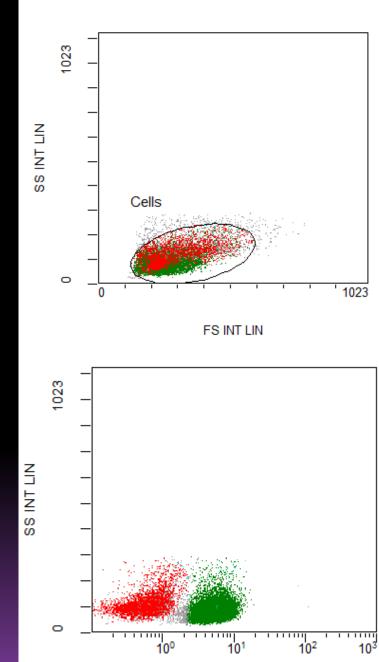
- 🔳 10 colour
- 2 tube
- 🔳 500 600 / year

	CO	ECD	APC750	PB	PC5.5	PC7	APC	APC700	PE	FITC
Tube 1	CD45	CD19	CD20	CD3	CD5	CD7	CD4	CD8	CD14	CD43
		B-cell		T-cell					Mac/mono	
Tube 2	CD45	CD19	CD20	FMC7	CD5	CD10	CD23		Lambda	Карра
		B·	-cell	B-cell NHL					Light ch	nains





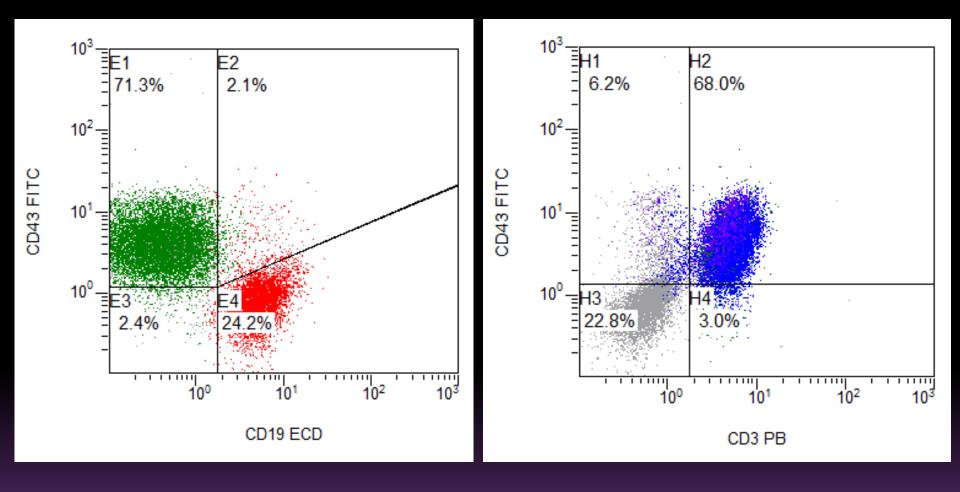
	Events / tube
Palpable mass FNA	1000 - 10000
EBUS FNA	15000 - 25000

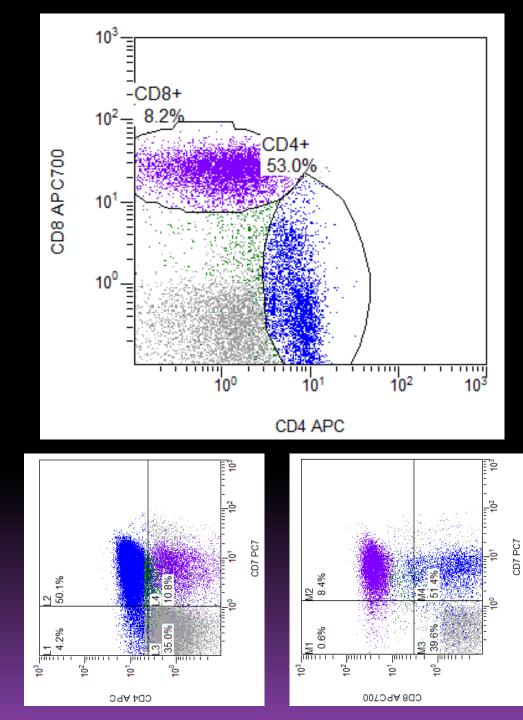


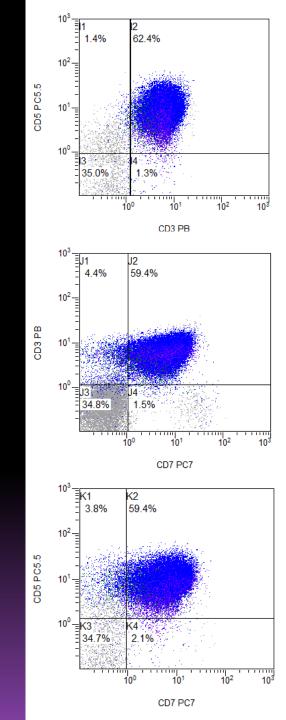
CD3 PB

[Ungated] FL10 INT LOG/SS INT LIN

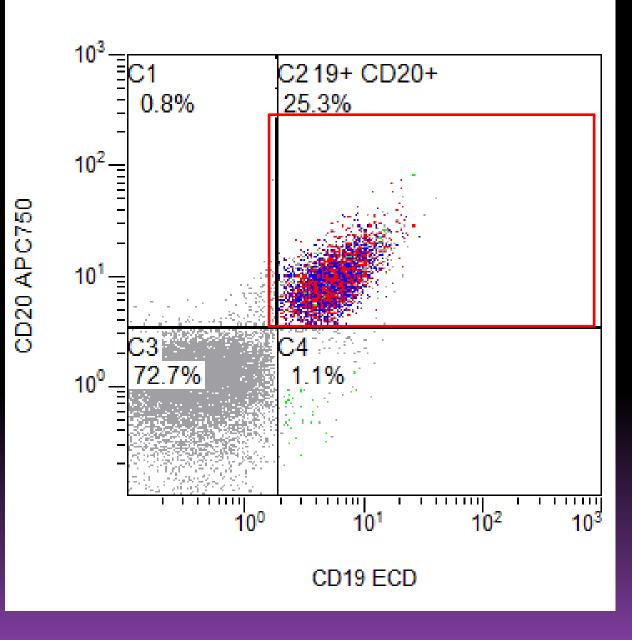
(20000) [CD45+ Lymphs] FS INT LIN/SS INT LIN

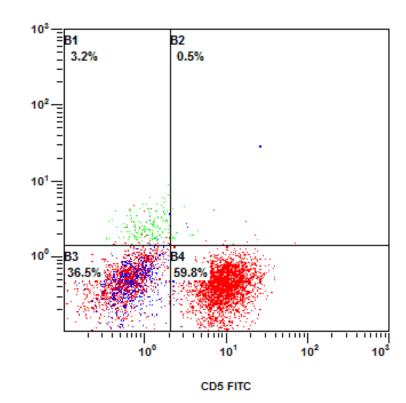






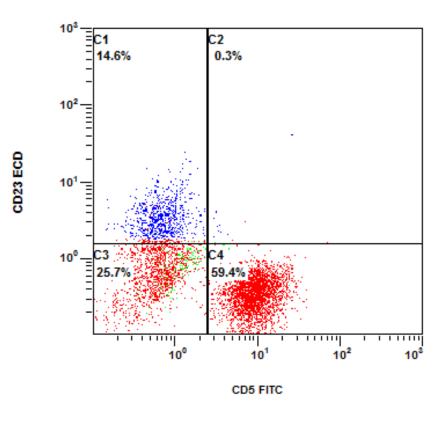
#### [Cells AND CD45+ Lymph] FL3 INT LOG/FL8 INT LOG



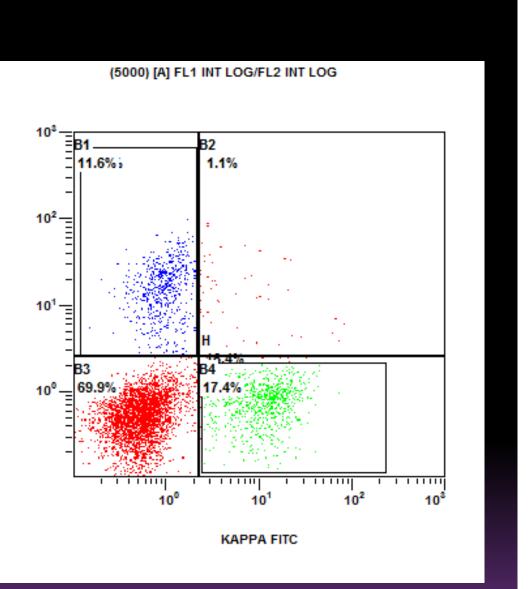


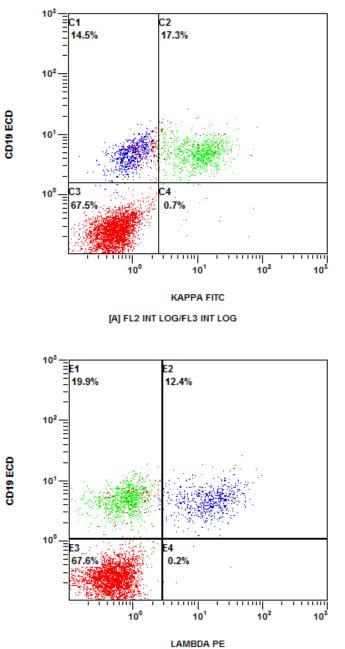
(5000) [A] FL1 INT LOG/FL2 INT LOG

[A] FL1 INT LOG/FL3 INT LOG

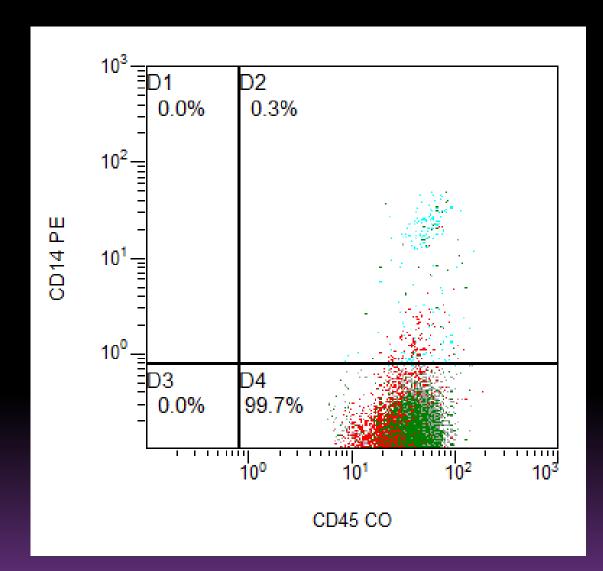


CD10 PE





LAMBDA PE





#### Patient Details

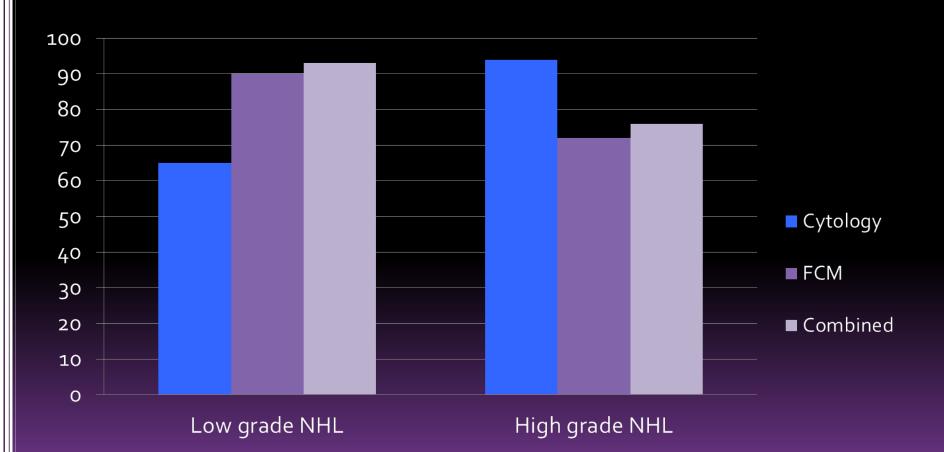
Hosp No:		Patients name:			
DoB:		Clinical details:			
Lab No:		Persistent right inguinal? LN. 1.5-2cm non tender. Skin lesions on prescription drugs (GP.( nature not known.			
Requesting Dr:		Date tested:			
Panels to be set u	ib:				
Previous results:	40				
FNA	Site	Right Groin			

Technical comments	

## +

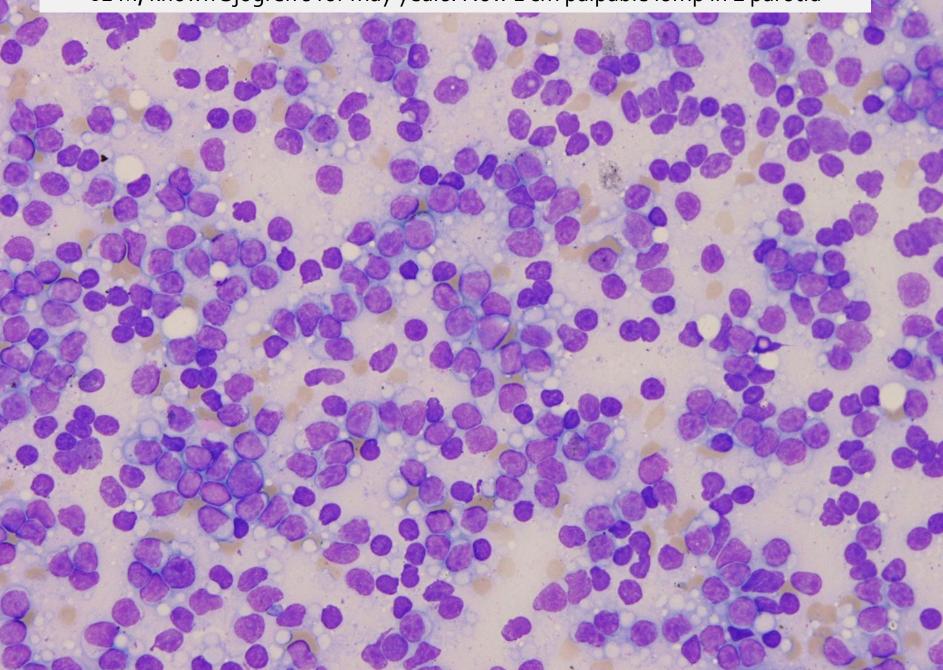
mmunophen	otyping result	S	And South Differences	7
CD	% POS	CD	% POS	Clinical comment
CD3	61	KAPPA	18	
CD43	65	LAMBDA	13	
CD4	50			
CD5	60			Reactive immunophenotype
CD7	57			No e/o B-LPD
CD8	16	8. A		
CD10	4	8		
CD14	0			
CD19	32			
CD20	33			
CD20/5	1	8		
CD23	14			1
CD45	97			
File name:	FNA panel ir	exort sheet		Version 01.0

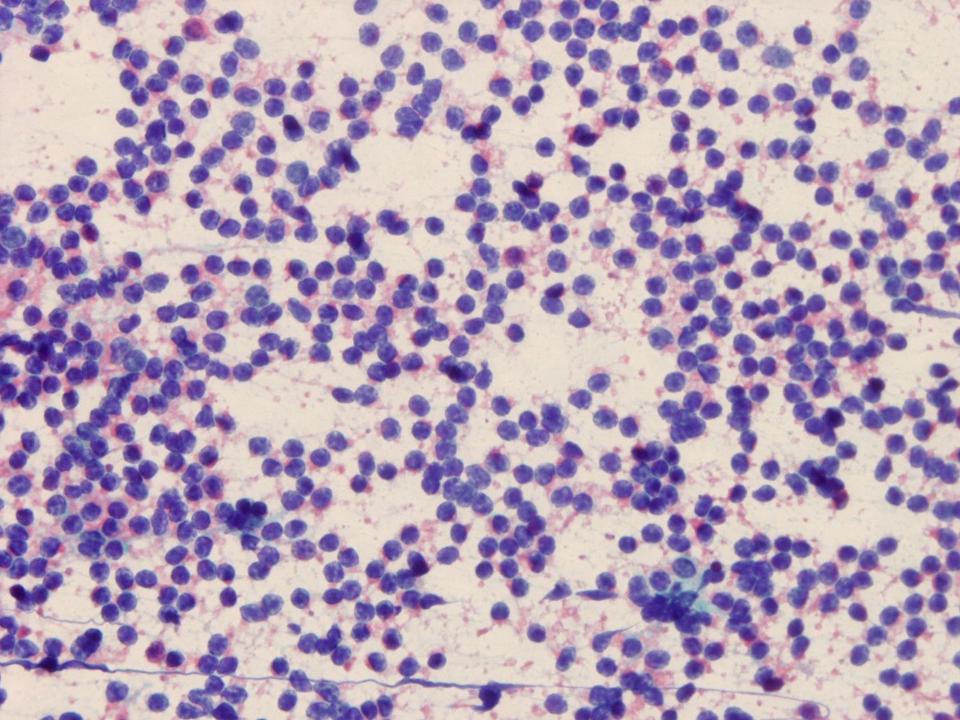
### What is the actual role of flow cytometry in FNA lymphoma diagnosis?

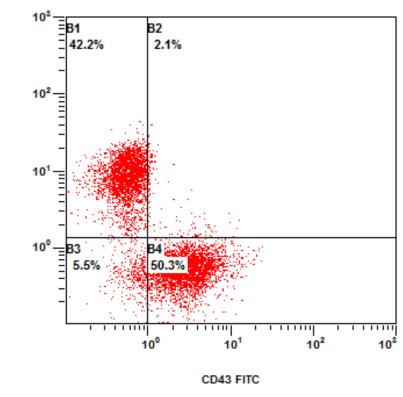


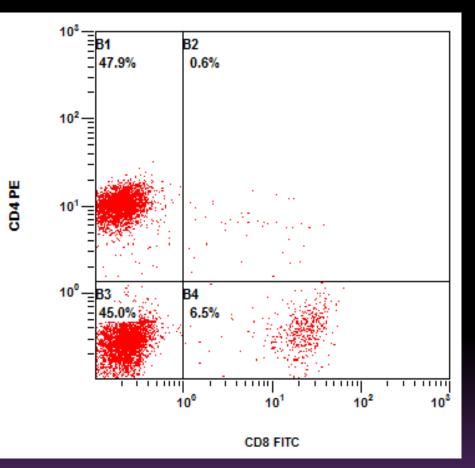
#### 62 M, known Sjogren's for may years. Now 1 cm palpable lump in L parotid

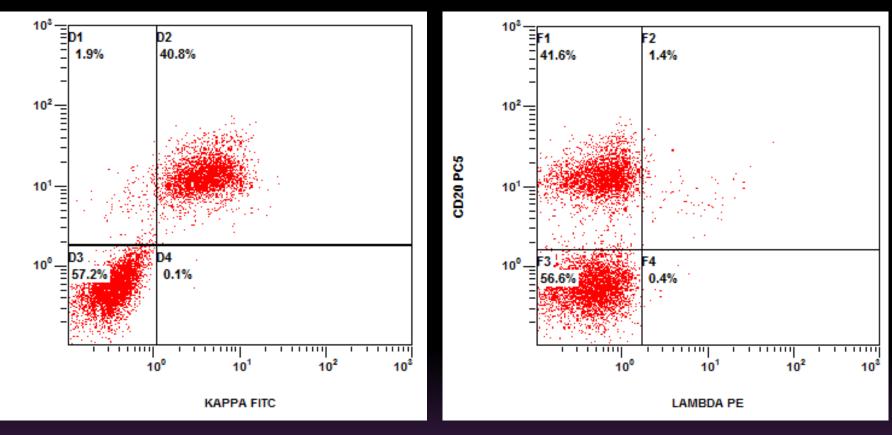
N. 4

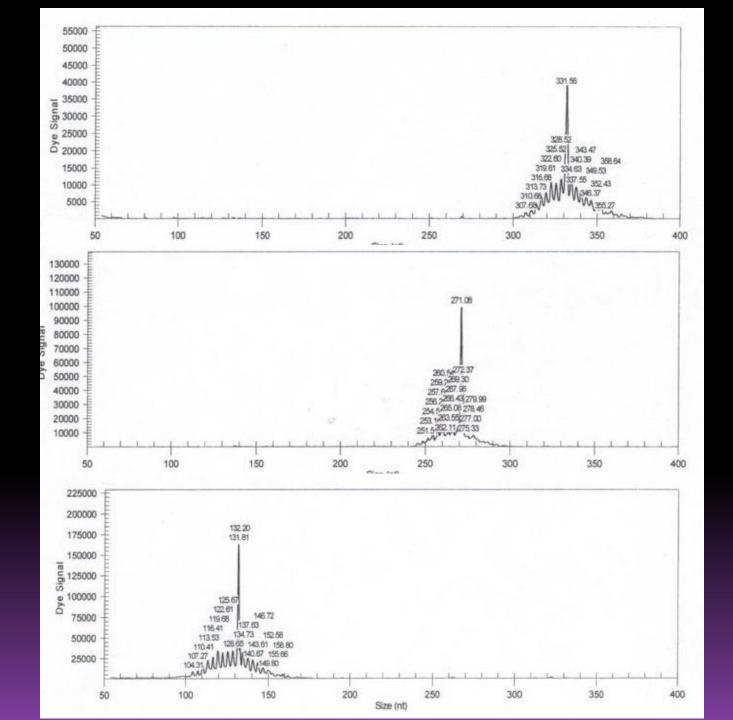












#### Parotid:

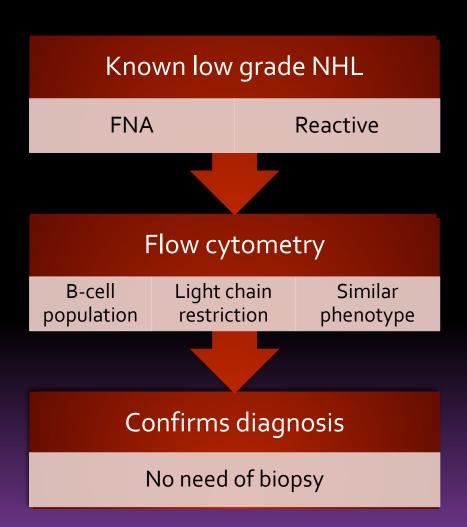
Low grade B-cell Non-Hodgkin lymphoma consistent with Marginal zone lymphoma (MALToma) CD20(+), Kappa(+) CD10(-), CD5(-), CD23(-) IGH gene rearrangement studies: Clonal

## Utility of FNA in low grade NHL

Primary diagnosis: limited utility.

Follow up / relapse / residual disease: very useful.

If adequate material obtained – obviates need for biopsy.



## Take home message

- Structured approach necessary
- Needle washings very useful
- Ancillary investigations often convert a consistent/suspicious report into a definitive diagnosis.
- FNA with flow cytometry is very useful in follow-up of low grade lymphoma's.



## Thank you