Handling of Complex Breast Specimens including Post NACT and Oncoplastic Procedures

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Breast Surgery

New age of breast surgery – less is more

- Avoid axillary dissection
- Avoid mastectomy where possible:
 - NACT to downsize large tumours and permit conservation
 - Oncoplastic procedures for large tumours and multifocal disease
 - Central resections for Paget's and retroareolar lesions
- Skin sparing mastectomies with nipple preservation

Neoadjuvant Chemotherapy

- Indications:
- Management of locally advanced invasive breast cancers including inflammatory breast cancer
- 'Down-staging' of large inoperable cancers to permit surgical resection
- Routine management of women with high risk disease who would require adjuvant chemotherapy based on biological tumour characteristics and clinical-radiological findings
- Now being driven by the surgeons

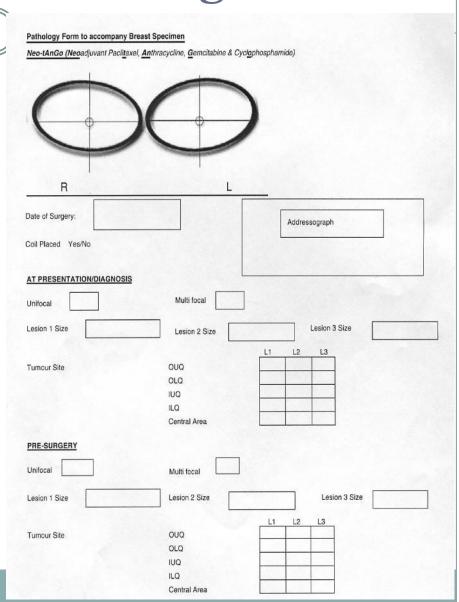
Specimen Handling Post NACT

- Thorough macroscopic (gross) assessment of the specimen critical for accurate classification of pCR
- A multidisciplinary approach with adequate clinical information and access to imaging results is essential
- Close clinical/ radiological correlation to map the precise location of the tumour bed is preferable to exhaustive blind sampling
- Placement of a marker clip at the time of diagnosis is very helpful in the event of an excellent response to treatment

Specimen Handling

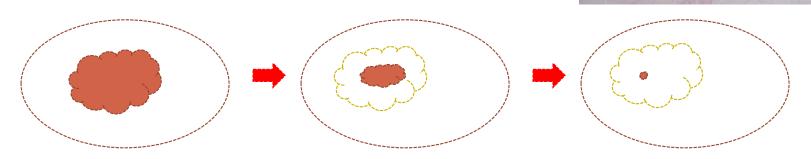
Minimum information required:

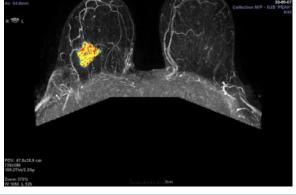
- Clear indication neoadjuvant Rx has been given and it's nature
- Location of tumour/s within
 the breast diagram best
- Pre treatment size on imaging
- Is the patient on a clinical trial
- may be requirement for tissue banking as part of protocol

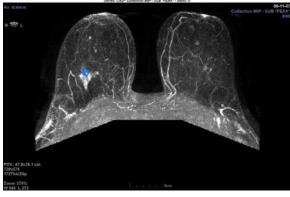


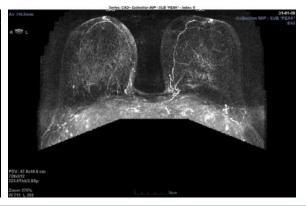
Patterns of tumour response

A. Concentric shrinking



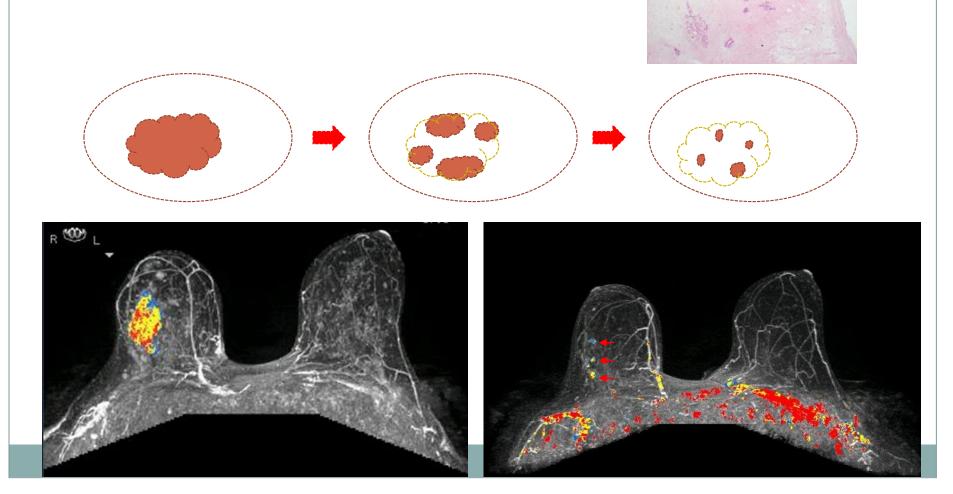






Patterns of tumour response





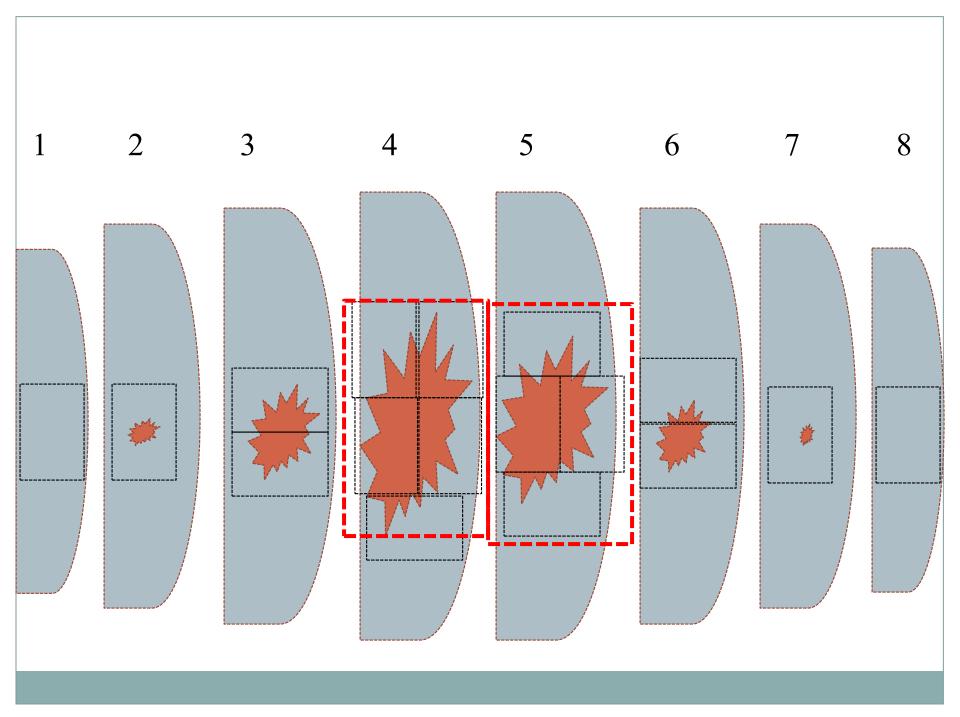
Specimen Handling

- Specimen should be sent fresh to the histopathology laboratory as quickly as possible for slicing to aid fixation good fixation is critical for accurate assessment.
- Always remember the minimum dataset
 Lesion size
 Margins
 Evaluation of response

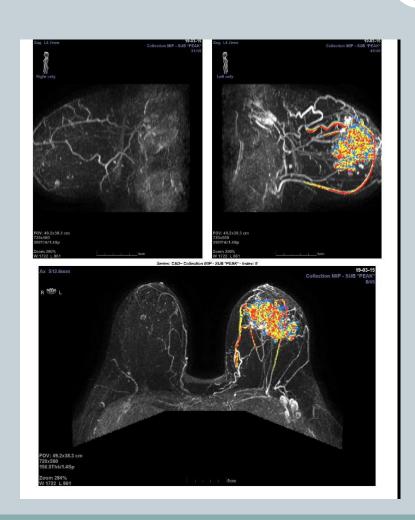
Specimen Handling

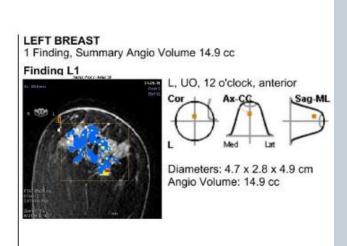
- BIG-NABCG Residual Disease Working Group
- Systematic sampling of areas identified by intelligent mapping and close clinical-pathological correlation is more important than overly exhaustive sampling
- Specimen divided into 1-2 cm thick slices
- Full face section of tumour bed taken from each slice up to a <u>maximum</u> of 25 blocks should be sufficient to document pCR
- Five blocks representing the maximum full face dimension of the tumour bed adequate for assessment of cellularity to calculate the RCB
- Additional blocks required if tumour bed not identified
- Large tissue cassettes can be very useful and make assessment of cellularity and lesion size easier

Provenzano et al., Mod Pathol 2015;28(9): 1085-201.

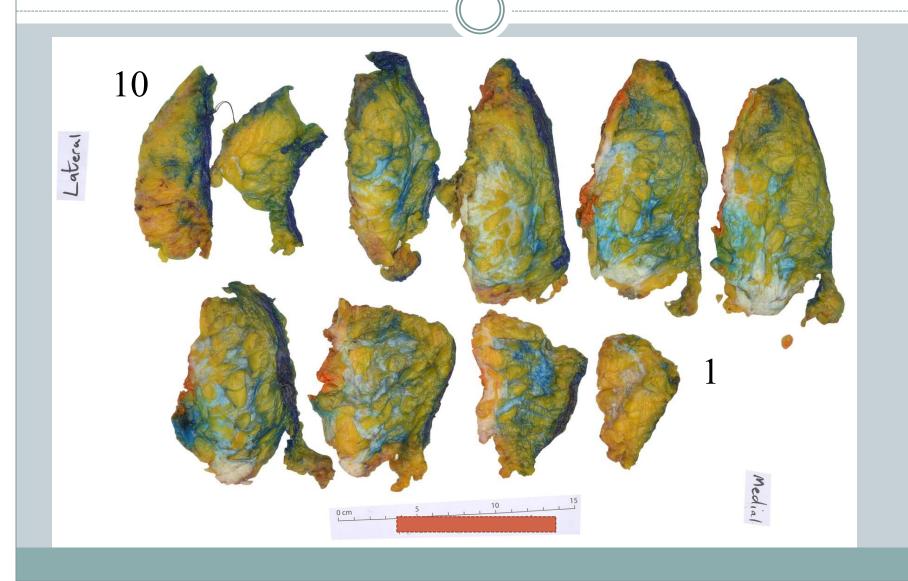


MRI – Pre and Post

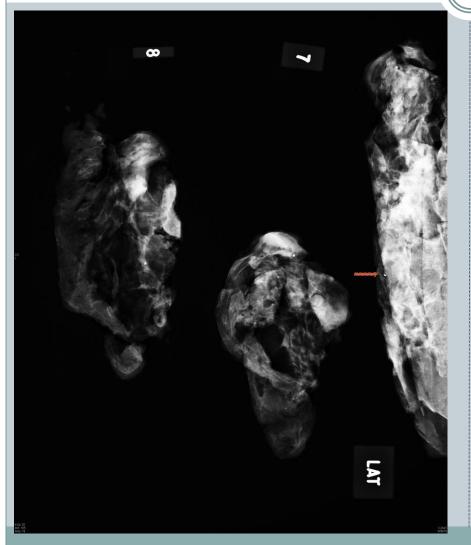




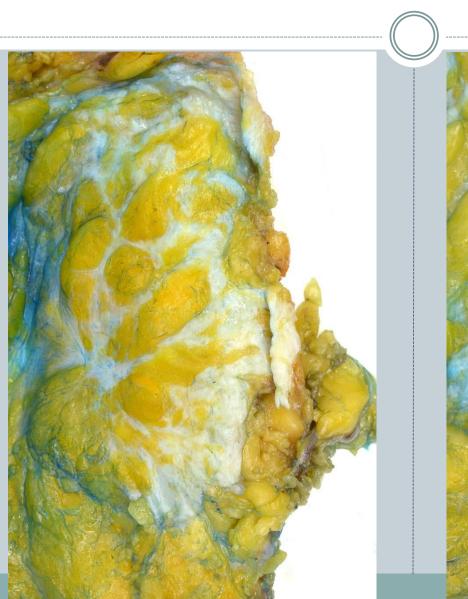
Mastectomy



Specimen XR

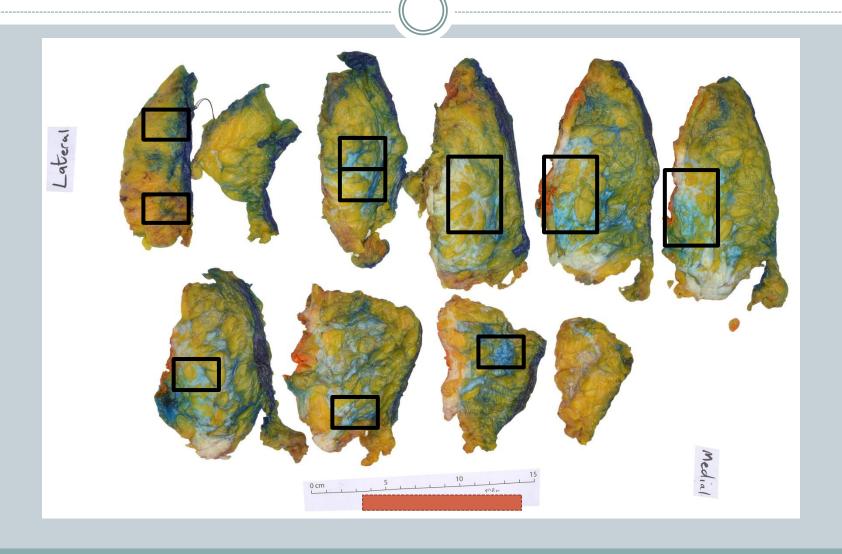






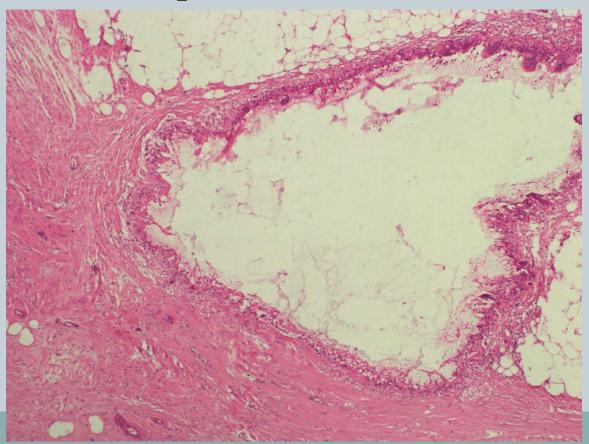


Blocks



Final Histology

- Pathological complete response to chemotherapy
- Tumour bed and clip site identified

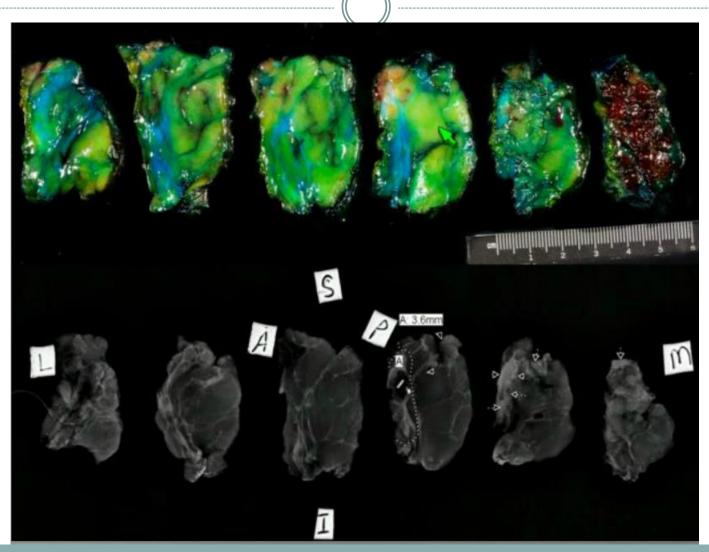


Specimen Handling

Wide local excisions

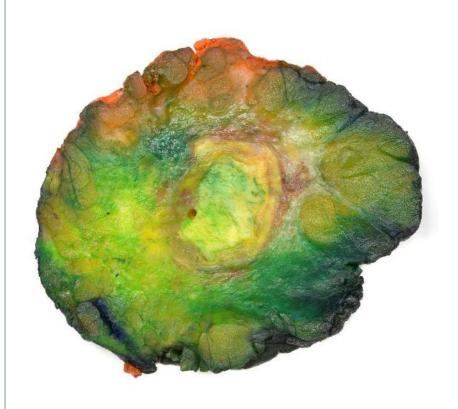
- Ink and slice as per local protocol
- Thorough sampling of the specimen including sections to assess margins
- Specimen x-ray may be helpful to localise clip or lesion

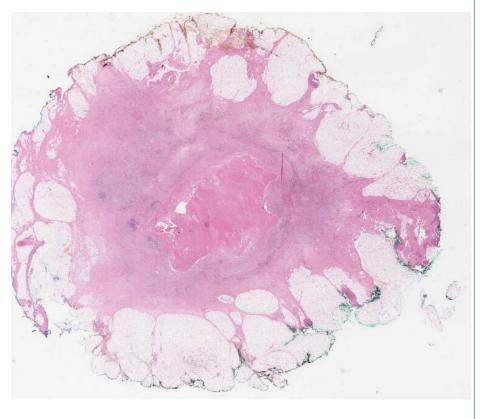
Specimen Handling



Courtesy of WF Symmans

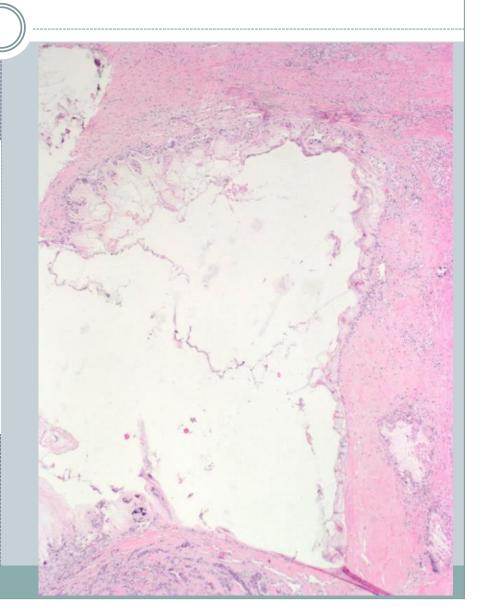
Specimen handling





Specimen handling – clip site



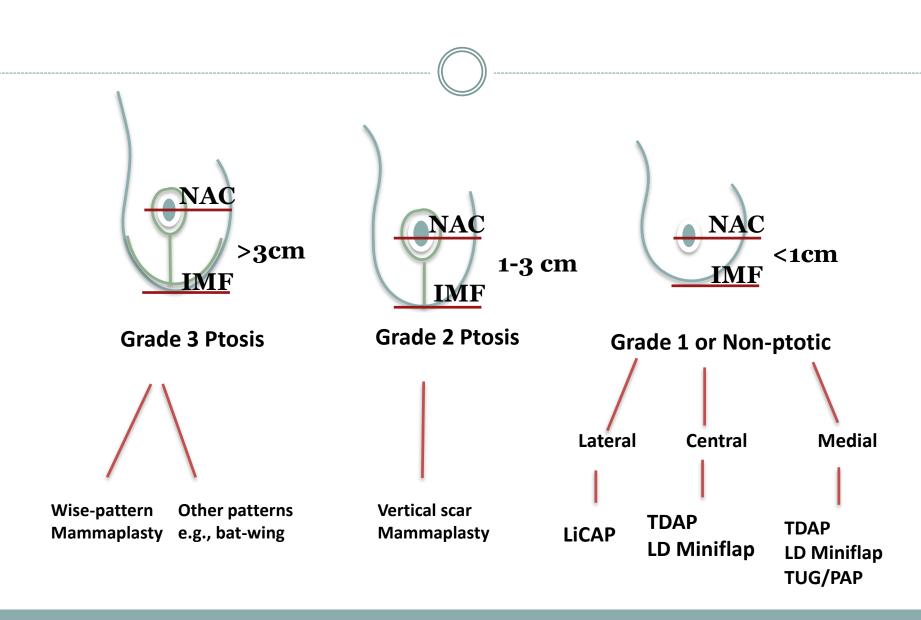


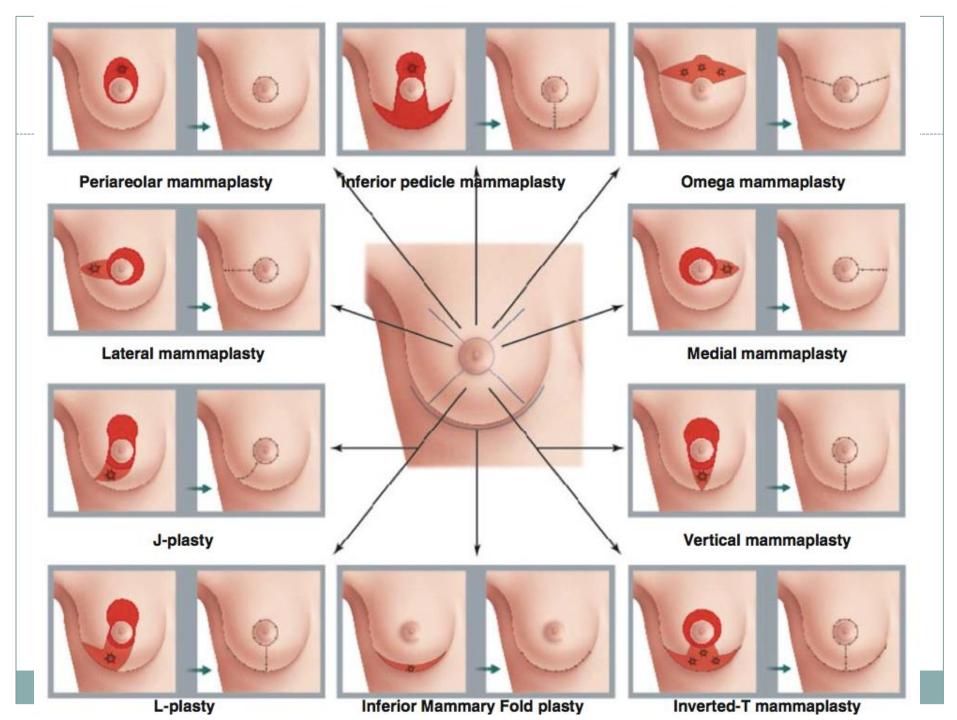
Oncoplastic Surgery

- Substantial risk of deformity if amount of tissue excised is greater than 20% of breast volume
- Increased risk for upper inner and lower quadrants
- Involves excision of glandular tissue including tumour, filling of the defect and repositioning of the nipple areolar complex
- Two main methods:
- Volume displacement mobilising local dermoglandular tissue to fill the defect (mammoplasty) with loss of volume
- Volume replacement tissue is transferred from a remote site either as a pedicle or as a free flap, e.g. latissimus dorsi or intercostal artery perforator flaps

Breast operative techniques

	General Surgeon (Non- Oncoplastic)	Breast Surgeon (Level I Oncoplastic)	Oncoplastic Surgeon (Level II)
Volume Excision	Small (~5-10%)	<20%	20-50%
Aesthetic placed Incisions	Desirable	Expected	Pertinent to procedure
Parenchymal Mobilisation	None	Minimal (for cavity wall apposition)	Major & Complex
Skin excision for re-shaping or NAC displacement	No	No	Yes
Formal Oncoplastic training & Assessment mandatory	No	No	Yes





Oncoplastic Specimens

TABLE 3: Post-op specimen dimensions (mm)

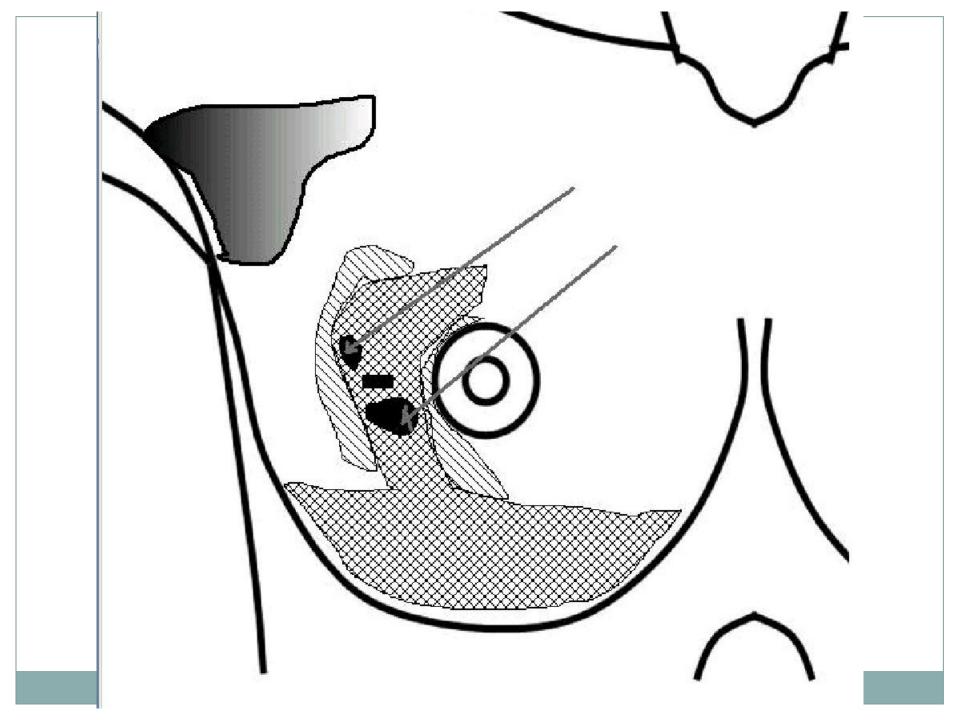
	WLE	OBS	p-value
M-L	50 (40-65)	118 (82-179)	<0.001*
S-I	44 (35-60)	109 (84-130)	<0.001*
A-P	25(20-37)	56(41-76)	<0.001*

TABLE 4: Specimen weight (g)

WLE	OBS	p-value
31.0 (17.6-44.6)	72.1 (41.9-184.1)	<0.001*





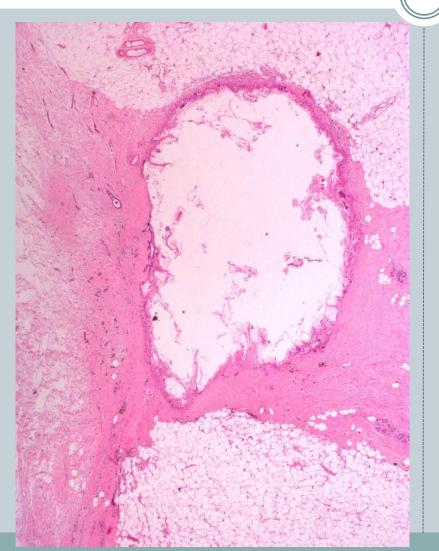


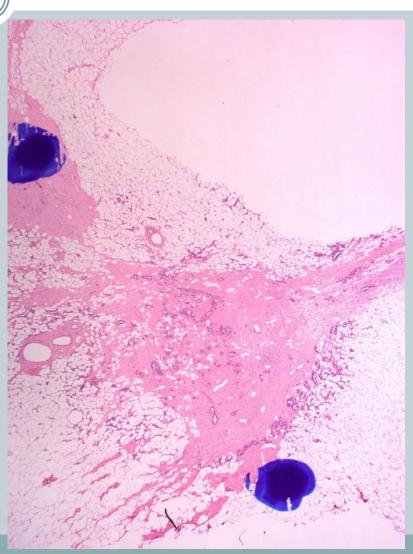


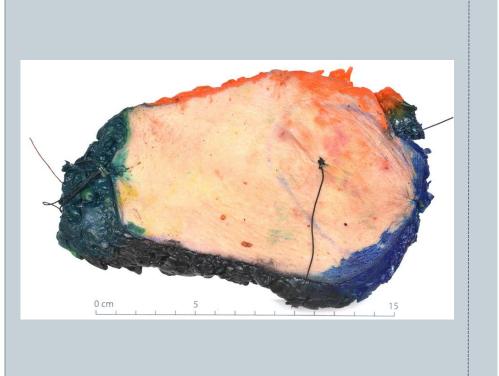
Blocks (+ alternate slices of cavity shaves)



Histology



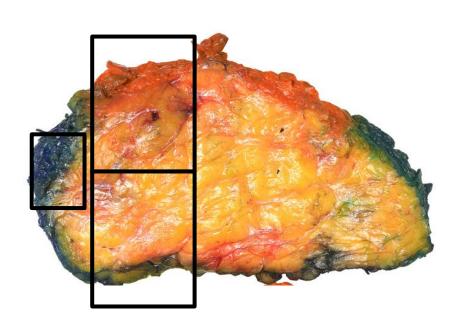


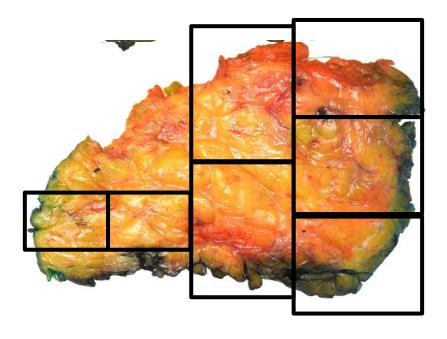




Blocks





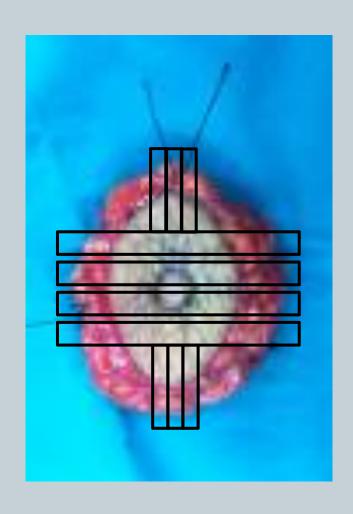


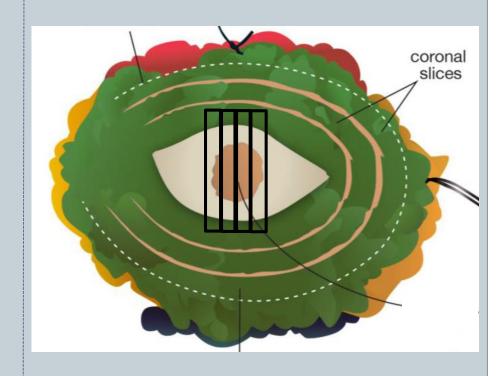
Central excisions



Farouk et al. World Journal of Surgical Oncology (2015) 13:285

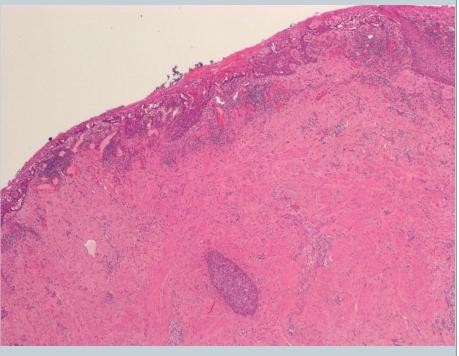
Central excisions





Central excisions





Accompanying Reduction Specimens

- Ipsilateral or contralateral (balancing)
- Slice at 1-2 cm intervals
- Examine tissue carefully by inspection and palpation
- Sample any gross abnormalities
- Minimum of two blocks if no lesion (our SOP is 4 blocks in women with history of breast cancer)